

DESIGN, DIGNITY, DEMENTIA:

Part 3: Dementia-related Design and the Built Environment – Programming Document

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DESG-7019: Interior Design Studio 5

BID5: Fanshawe College School of Design

RESEARCH – Questions

Designing proper spaces for long-term care is becoming more necessary with our aging population (Kasian, 2015). Along with long term care is memory care and spaces for people with dementia, which can include many more key design elements on top of ones already necessary for general long-term care. Designing for memory care has its challenges but it is possible to overcome the challenges and design a space that fully embraces the needs of people with dementia. The following research question was established to help guide the review of existing literature and the design process for the McCormick Home renovation:

How can a long-term care residence be designed to help enrich the lives of people living with dementia?

Some of the key design variables that need to be addressed include safety, inclusivity, community, and stimulation. These key pillars are important to focus on during the research phase of a design and must continue to play a role for the remainder of the space being occupied.

SAFETY

What could be done to improve the buildings design that will result in the safety of the residents, staff, and visitors while also enriching the lives of residents?

INCLUSIVITY

How can we reduce the institutional restrictions and promote inclusivity while enriching the lives of people with dementia?

COMMUNITY

How do we involve community in memory care facilities in order to help enrich the lives of people with dementia?

STIMULATION

How can sensory stimulation be carefully addressed to help enrich the lives of people with dementia without the risk of overstimulation?



Figure 2.



Figure 3.



Figure 4.



Figure 5.



Figure 6.

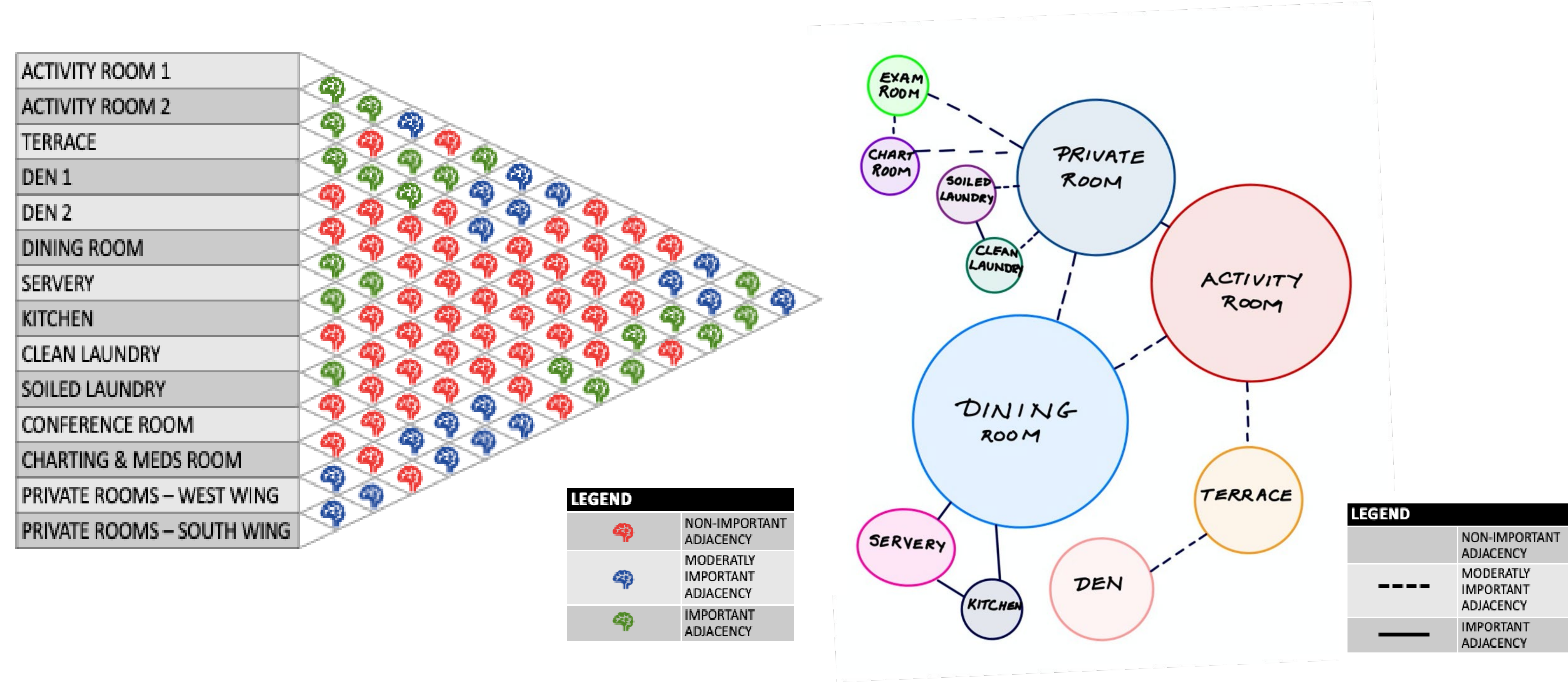


Figure 7.

Design Concept

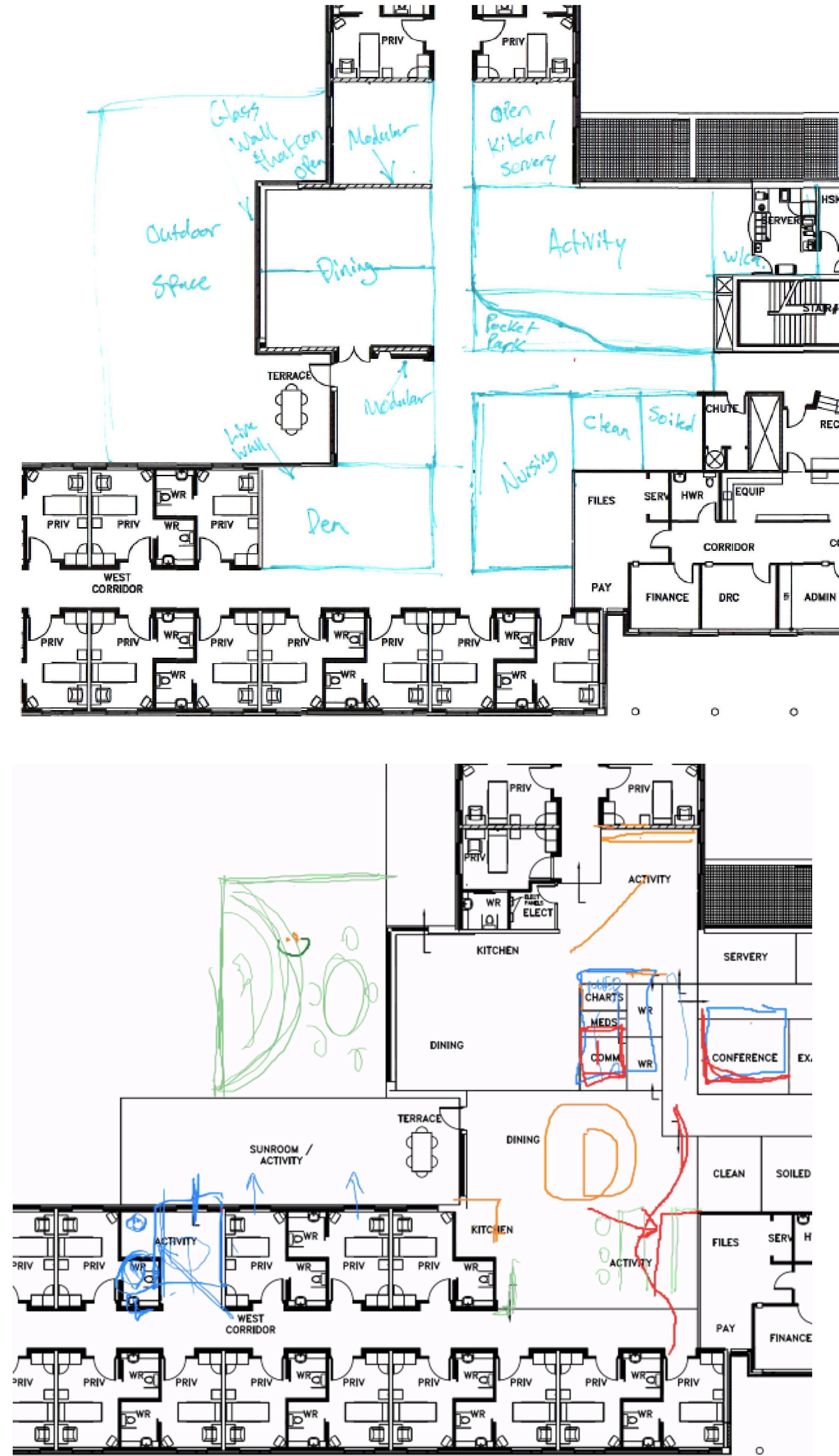
As designers, it is important to understand how and why we can create the most desirable and necessary spaces for the people that interact within them the most. Designing a memory care center for residents with dementia should prioritize safety, cognitive-stimulating activities that seamlessly ties together a residence, home-like design that ensures residents feel comforted, supported and acknowledged during their stay. The key is to design a space that takes all factors and users into consideration. The goal is to design a safe, human centric, space that encompasses a lifestyle change that is subtle for residents. This can be done by implementing design principals that focus on wayfinding, memory rehabilitation or memory therapy, minimal stimulation or overwhelming spaces, interactive features, community spaces to engage with others, and spaces to create a sense of purpose for them. Based on research and precedent studies, it isn't only achievable to design a space that incorporates all these aspects but is fully necessary to do so to achieve a successful memory care facility design.

Design Process - Ideation

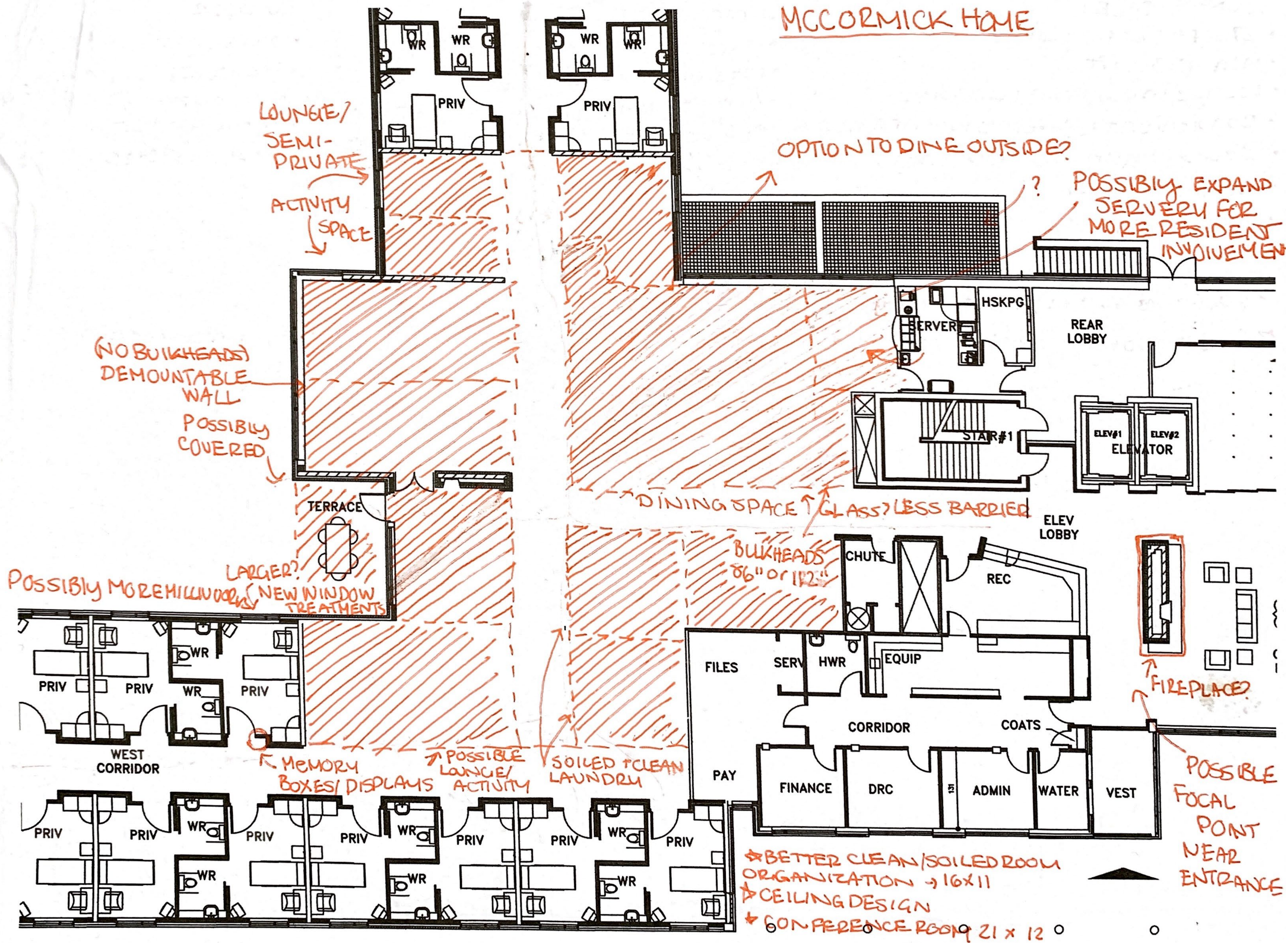


The first steps within the design process for McCormick Home's Memory Lane Redesign, was establishing a matrix and bubble diagram to visually organize how the space should be designed in the most effective way possible. The matrix diagram concluded that the activity rooms should be in close proximity to dining, with the terrace and dining also being an important adjacency for residents to have the option to dine outside in small numbers. Other considerations such as soiled and clean laundry were also noted as important adjacencies where they can be seen pictured side by side in the bubble diagram, that visually displays the proportional size differences in each denoted space.

Design Process - Ideation



After completion of the matrix and bubble diagram, we as a team completed individual analyses where we took the research, precedent studies, and our previous knowledge of the building to redesign both the macro and micro areas.



Kitchen Inspirations and 3D Ideation



Figure 14.



Figure 16.



Figure 15.



Figure 17.

Conservatory Inspirations and 3D Ideation

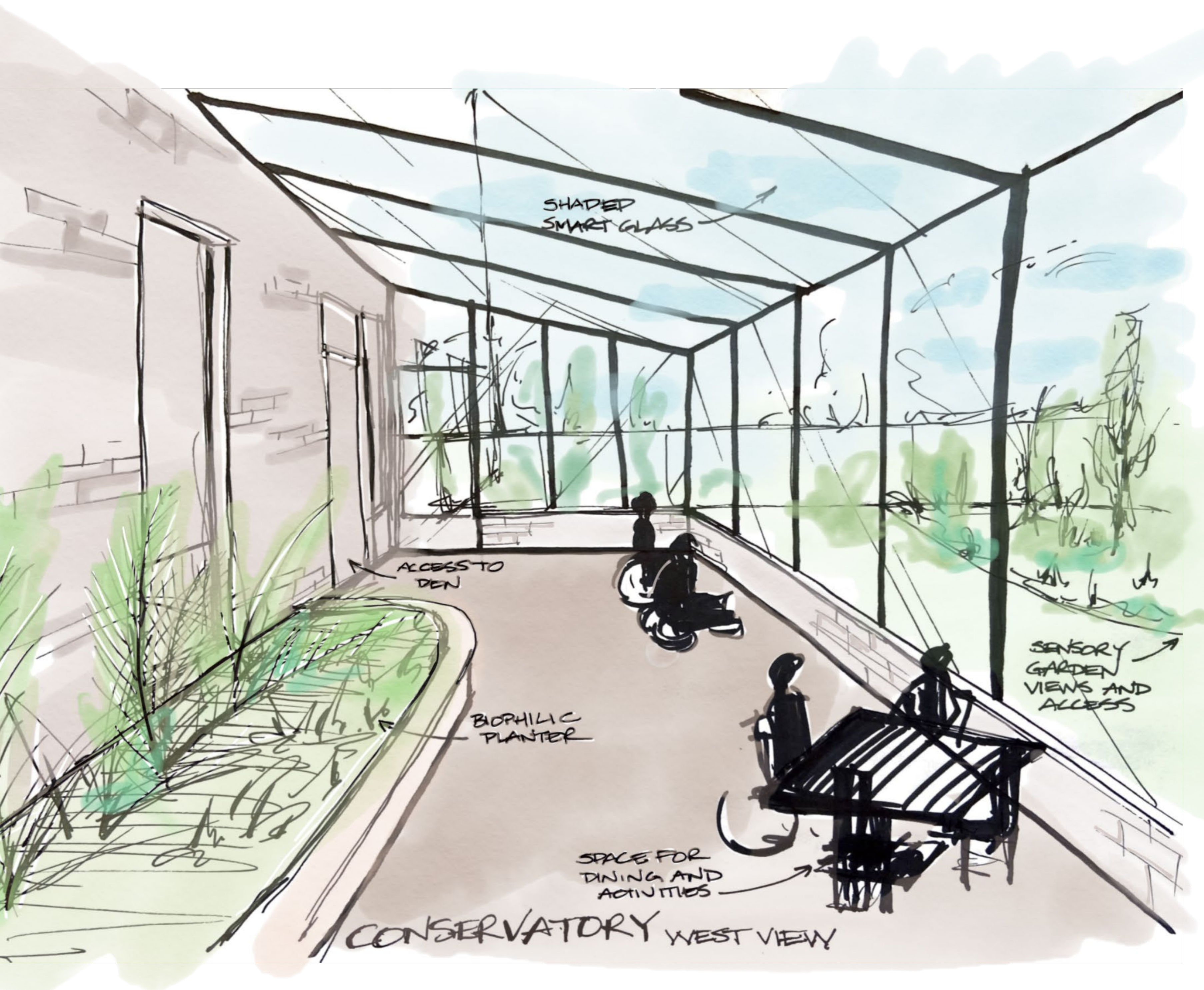


Figure 18.



Figure 19.

Proposed Plan Concept – NTS



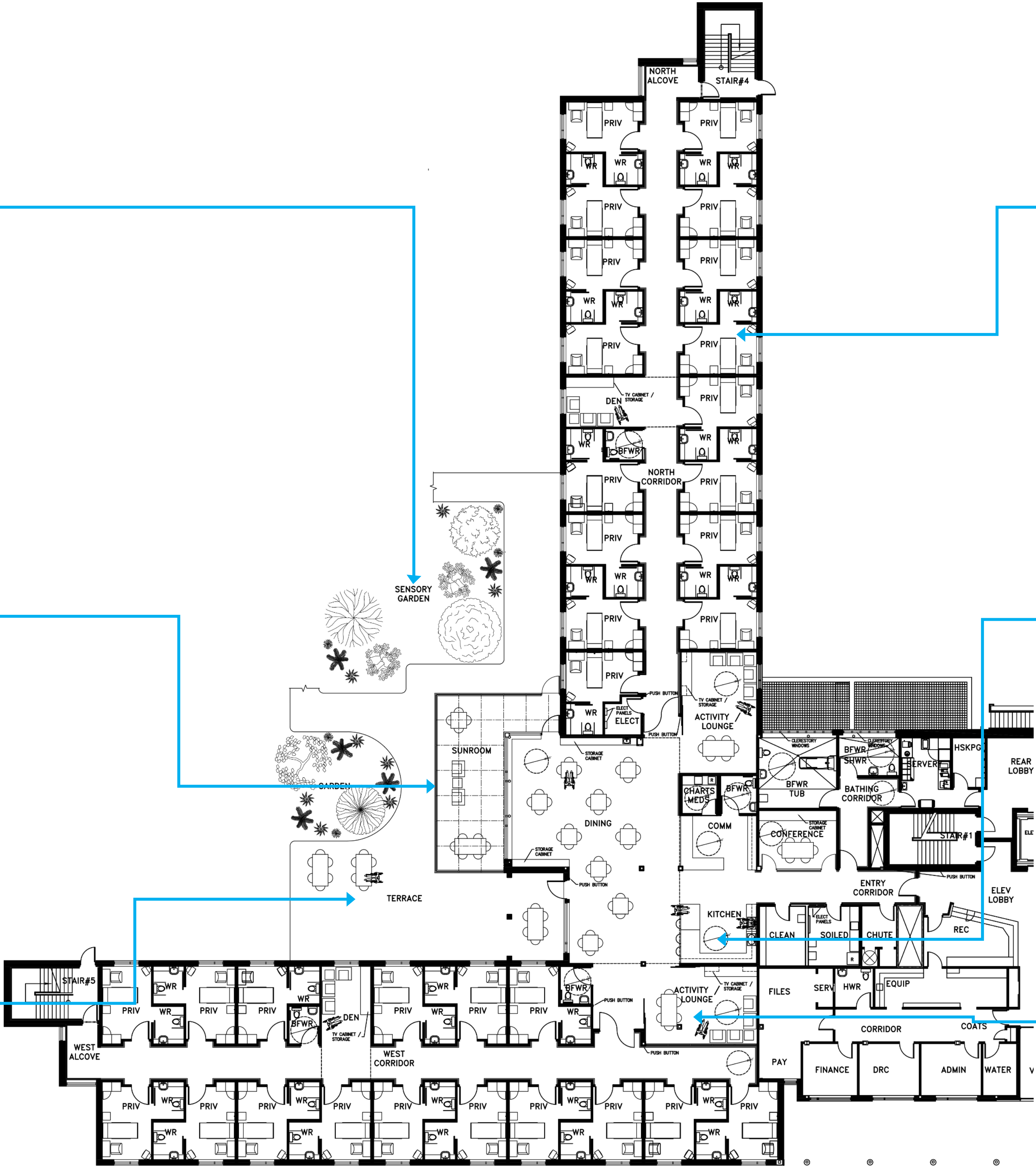
Sensory Garden



Conservatory



Terrace



Private Rooms



Dining/ Kitchen



Activity Room

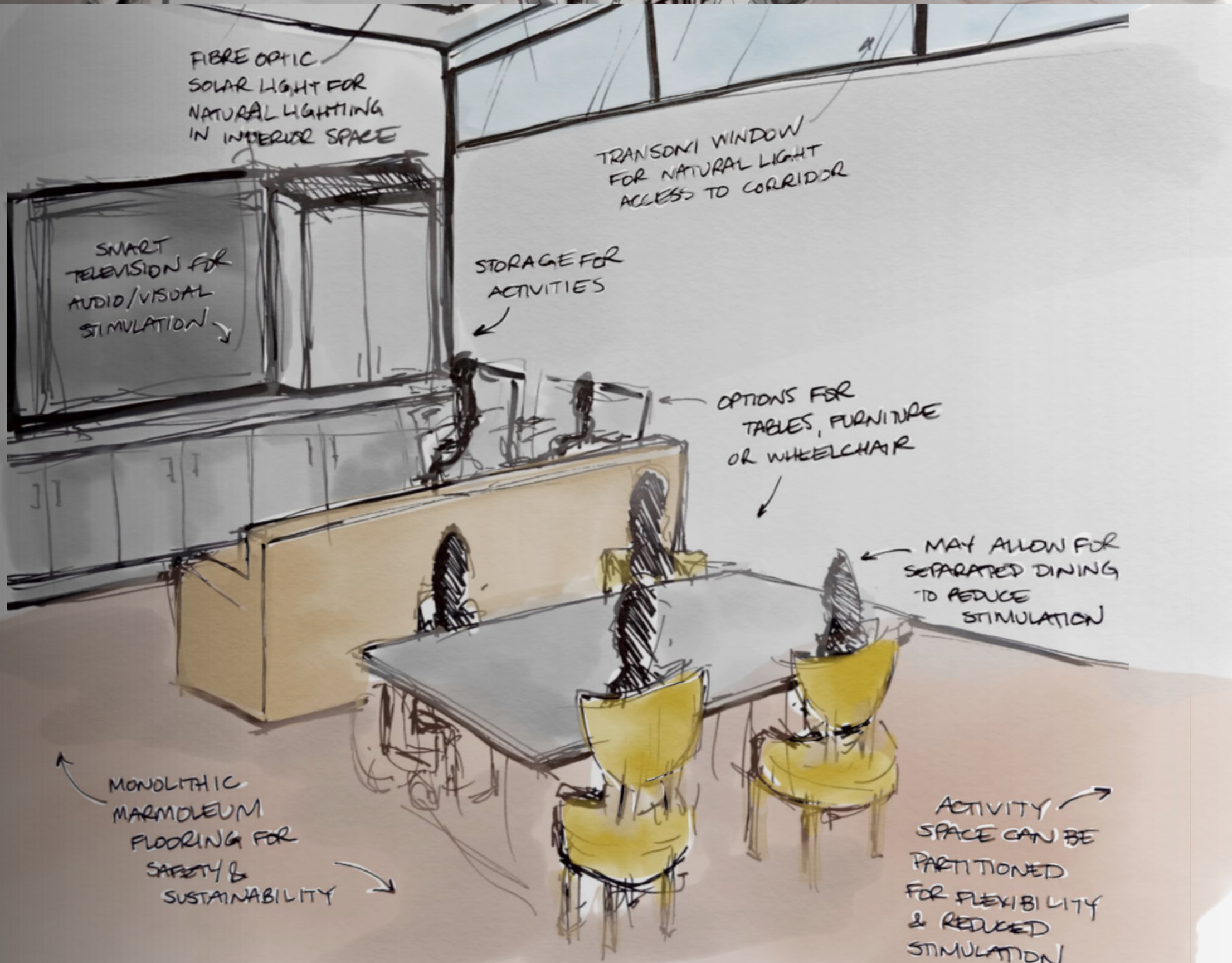
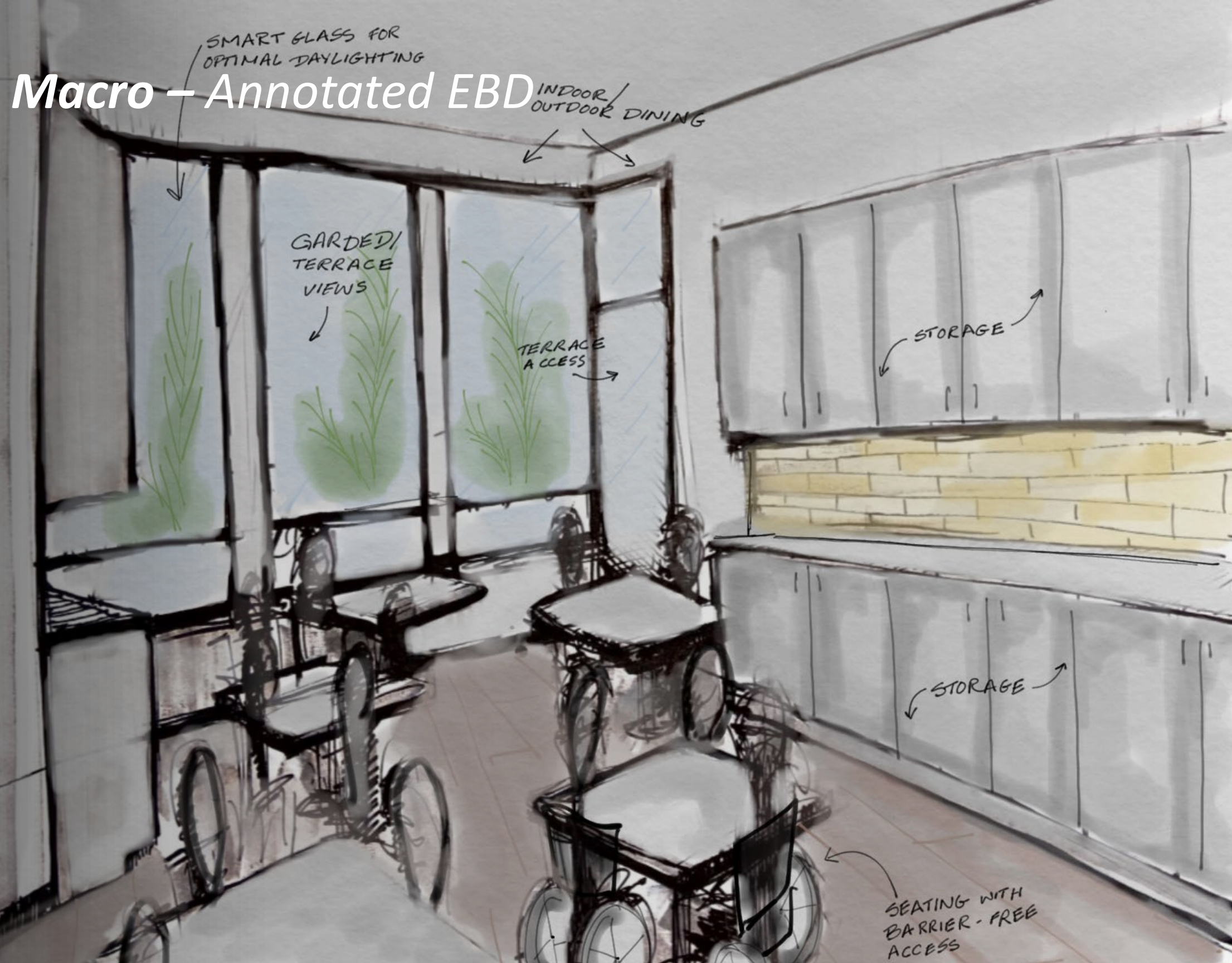
Diagrams – Zoning and Spaghetti – NTS

ZONE LEGEND	
ZONE	COLOUR CODE
PUBLIC	
PRIVATE	
SEMI-PRIVATE	
STAFF	
UTILITY	
ENTRANCE	
STAIRWAY	
ELEVATOR	



LEGEND	
	EMPLOYEES
	RESIDENT FROM WEST WING
	RESIDENT FROM N WING
	VISITOR/GUEST

This diagram gives a visual representation of the paths that the users of the space would potentially take based on their daily routines.



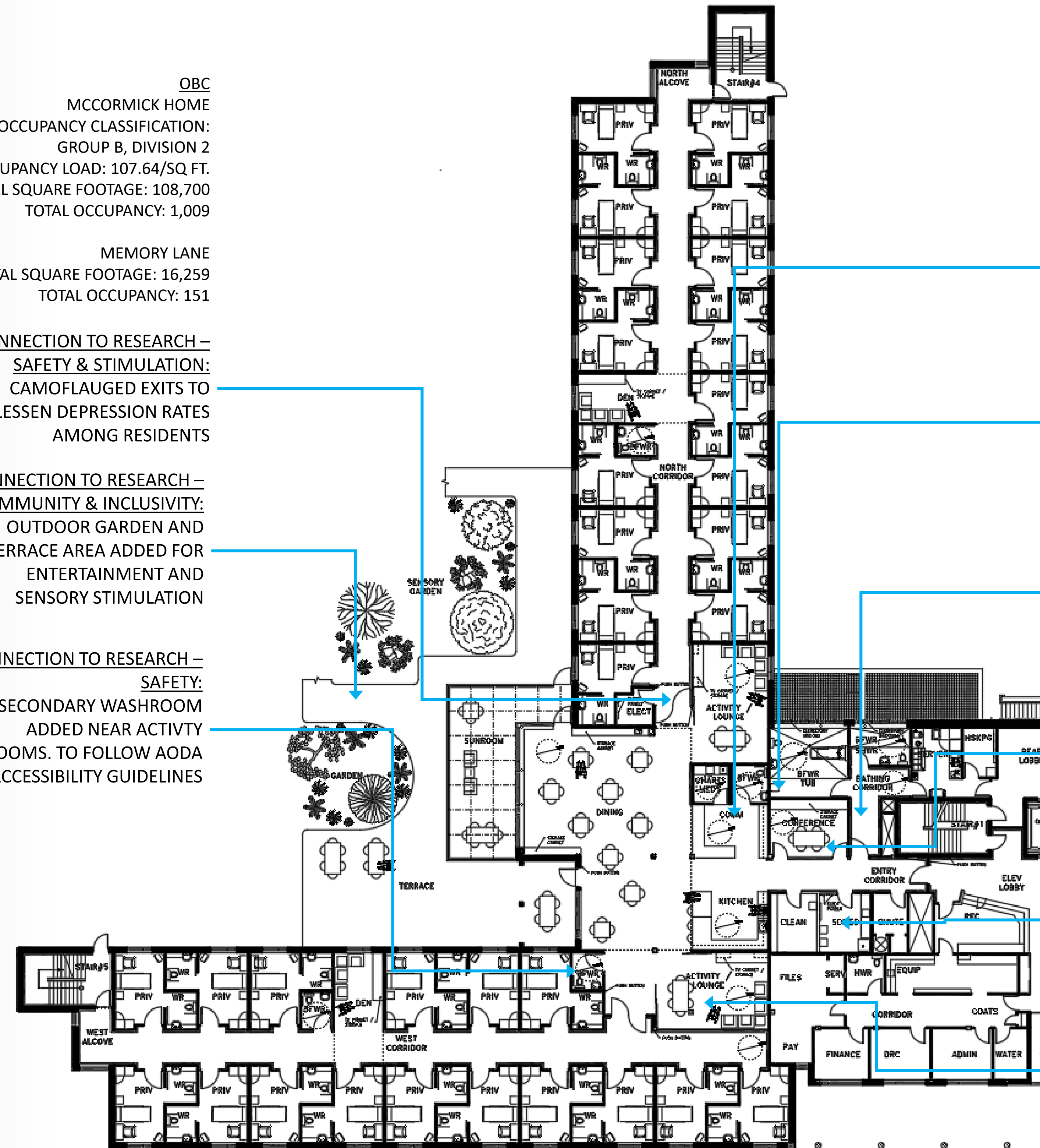
OBC
MCCORMICK HOME
MAJOR OCCUPANCY CLASSIFICATION:
GROUP B, DIVISION 2
OCCUPANCY LOAD: 107.64/SQ FT.
TOTAL SQUARE FOOTAGE: 108,700
TOTAL OCCUPANCY: 1,009

MEMORY LANE
TOTAL SQUARE FOOTAGE: 16,259
TOTAL OCCUPANCY: 151

CONNECTION TO RESEARCH –
SAFETY & STIMULATION:
CAMOFLAGED EXITS TO
LESSEN DEPRESSION RATES
AMONG RESIDENTS

CONNECTION TO RESEARCH –
COMMUNITY & INCLUSIVITY:
OUTDOOR GARDEN AND
TERRACE AREA ADDED FOR
ENTERTAINMENT AND
SENSORY STIMULATION

CONNECTION TO RESEARCH –
SAFETY:
SECONDARY WASHROOM
ADDED NEAR ACTIVITY
ROOMS. TO FOLLOW AODA
ACCESSIBILITY GUIDELINES



CONNECTION TO RESEARCH –
SAFETY:
WASHROOM LOCATED WITHIN
CLOSE PROXIMITY OF DINING

CONNECTION TO RESEARCH –
SAFETY:
NURSING STATION FOR NURSES
TO SIT OR COMMUNICATE WITH
OTHER STAFF AND
STORE RECORDS

CONNECTION TO RESEARCH –
SAFETY:
CHARTS AND MEDS STORED
AWAY IN SECURE ROOM FOR
SAFETY

CONNECTION TO RESEARCH -
SAFETY
BATHING COORIDOR DESIGNED
BEHIND CONFERENCE ROOM FOR
MAXIMIZING PRIVACY FROM
PUBLIC SPACES, MINIMIZING
CONFUSION IN MAIN HALLWAY

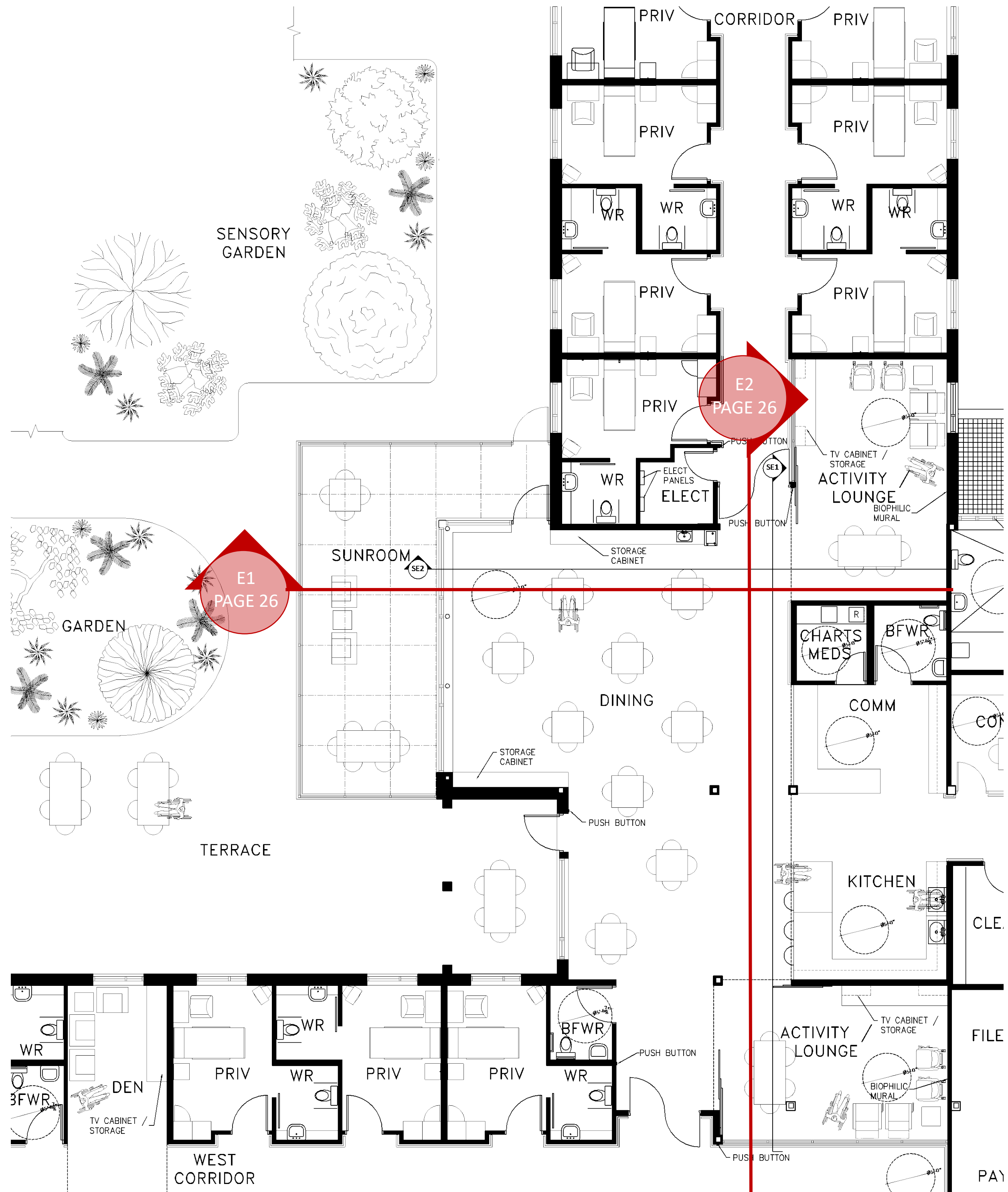
CONNECTION TO RESEARCH –
SAFETY:
CONFERENCE ROOM WALLS
CONSTRUCTED OF GLASS TO
MAKE SPACE APPEAR OPEN AND
FOR SUPERVISION PURPOSES

CONNECTION TO RESEARCH -
SAFETY
CLEAN AND SOILED LAUNDRY
LOCATED SIDE BY SIDE

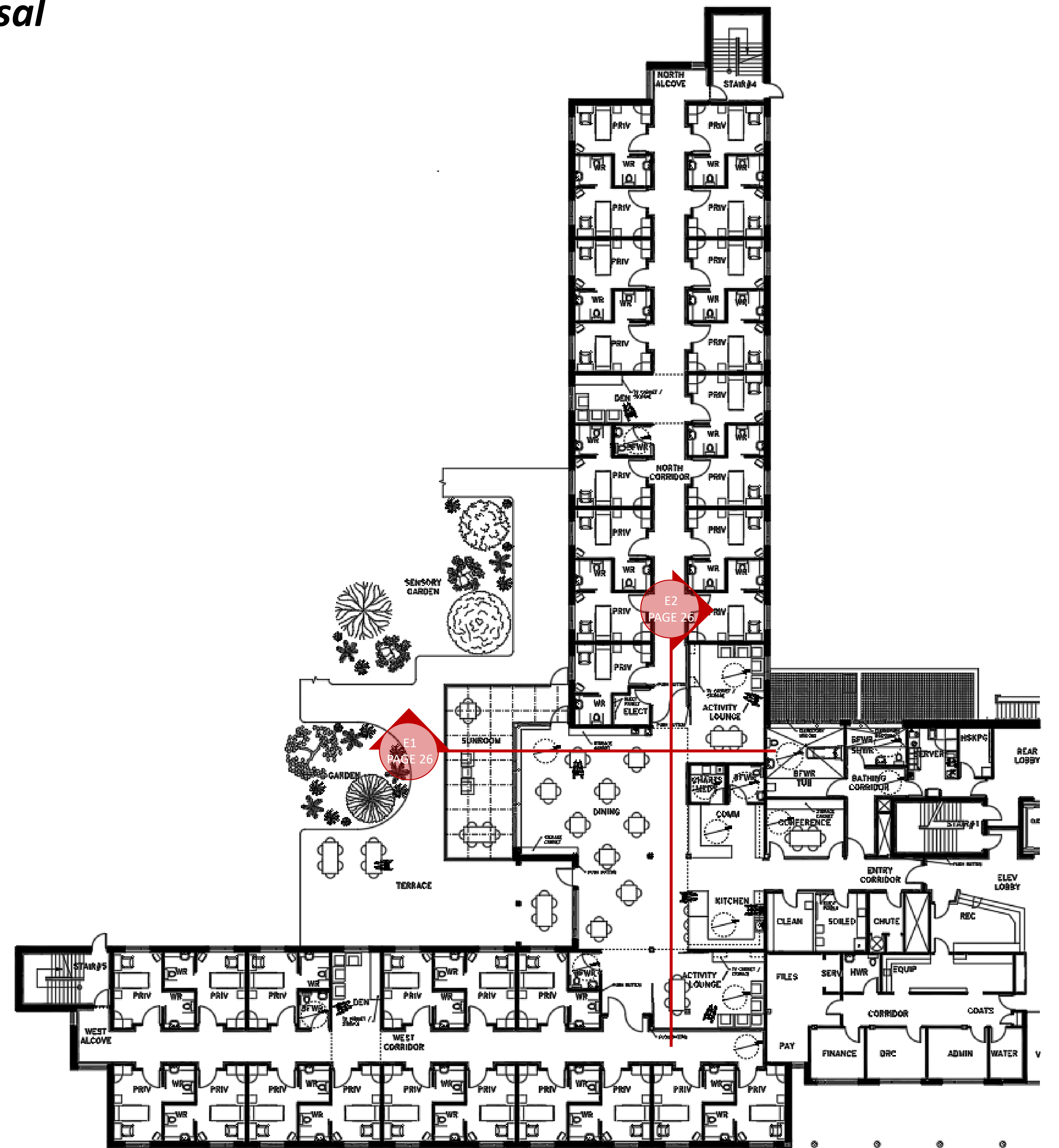
CONNECTION TO RESEARCH –
COMMUNITY & INCLUSIVITY:
VARIOUS ACTIVITY ROOMS
ADDED FOR RESIDENTS TO ENJOY
TIME WITH OTHERS AND GUESTS

Memory Lane - NTS

Plans – McCormick Home Memory Lane Renovation Proposal



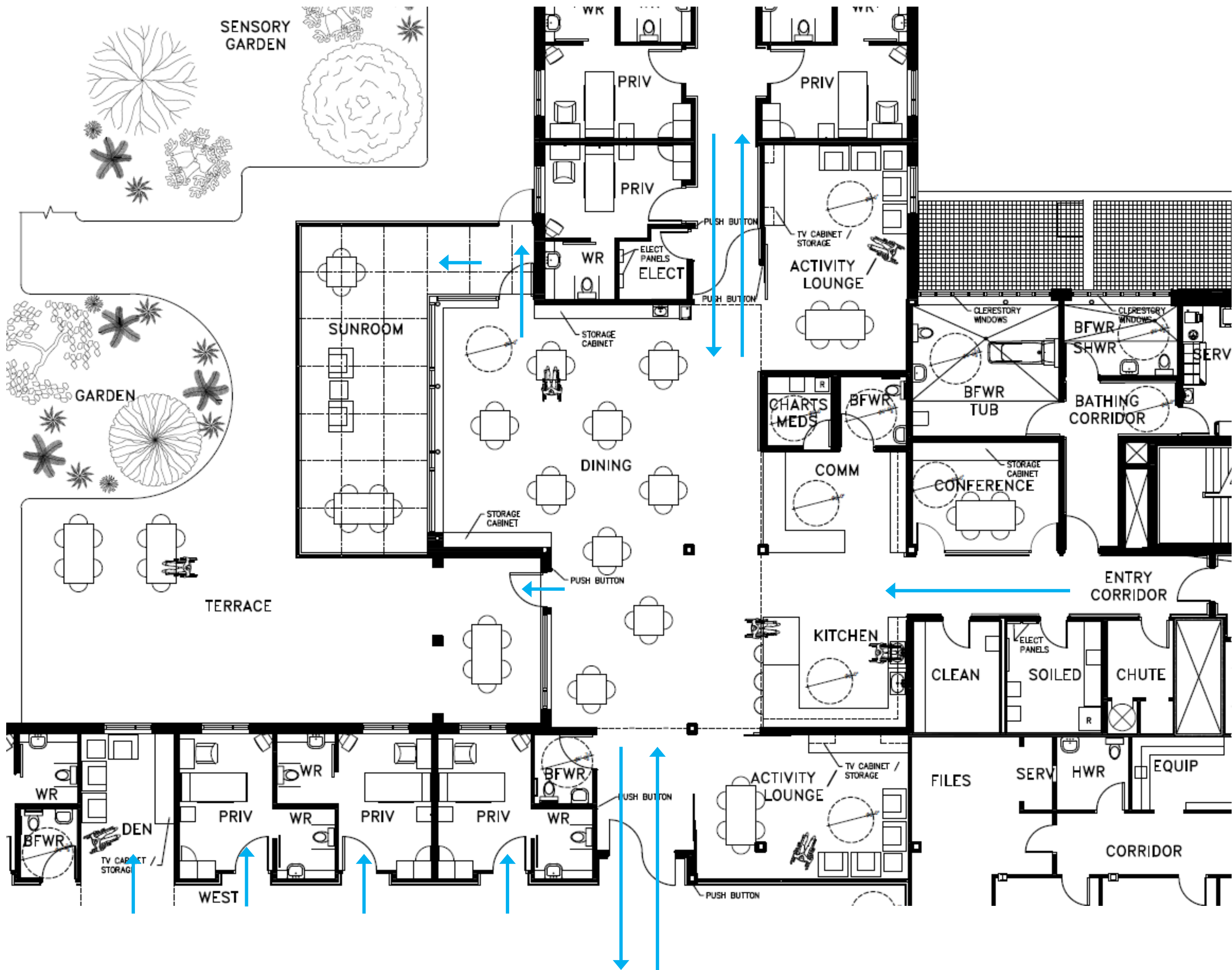
Micro Plan – Public Spaces – NTS



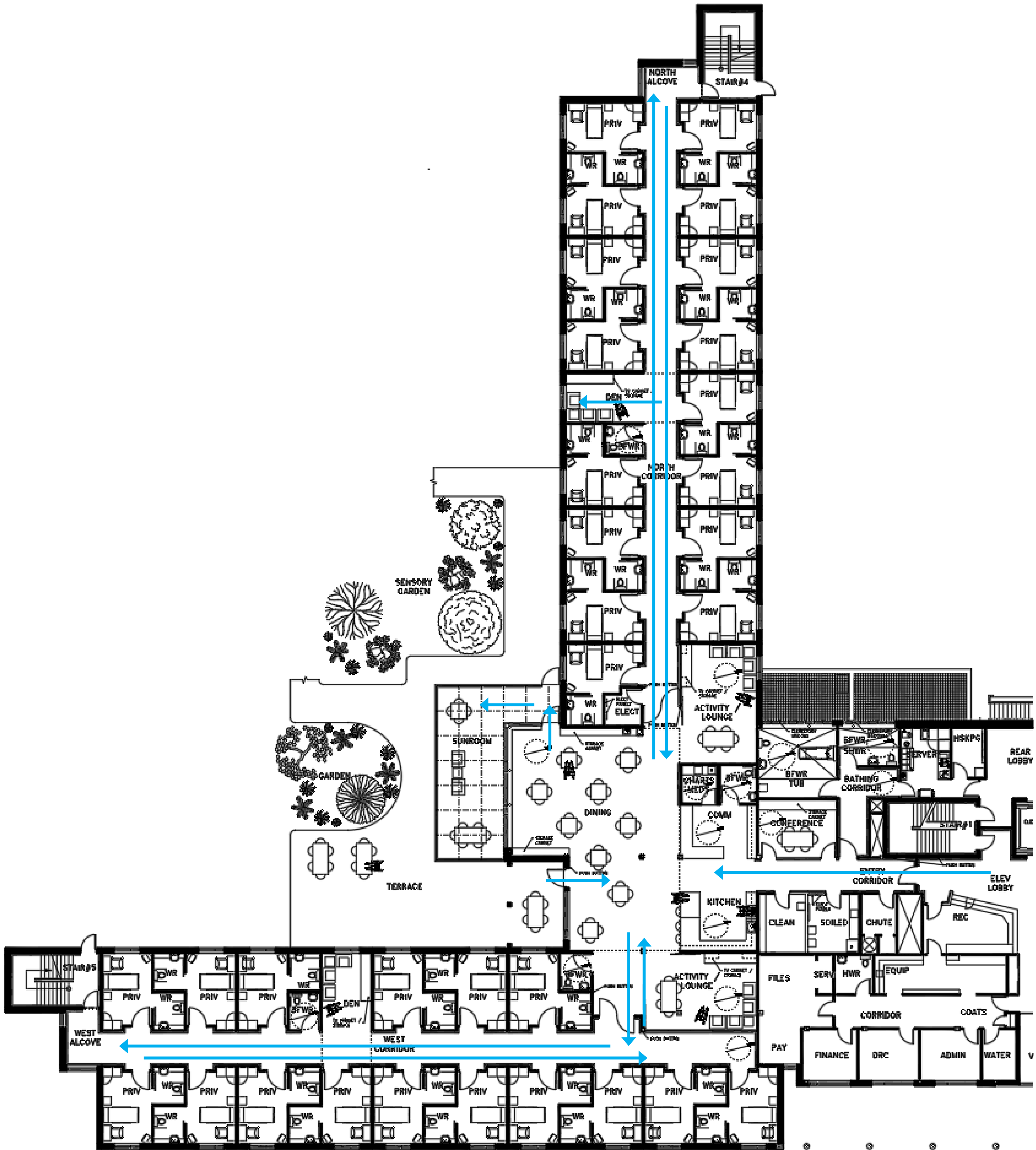
Macro Plan – Memory Lane with 2 Sets of 16 Private Rooms – NTS

Diagrams – Wayfinding / Traffic flow

These diagrams give a visual representation of the paths and wayfinding for residents living in the cc residents in the direction of which the arrow shows. This is to help split up the residential wings and the space.

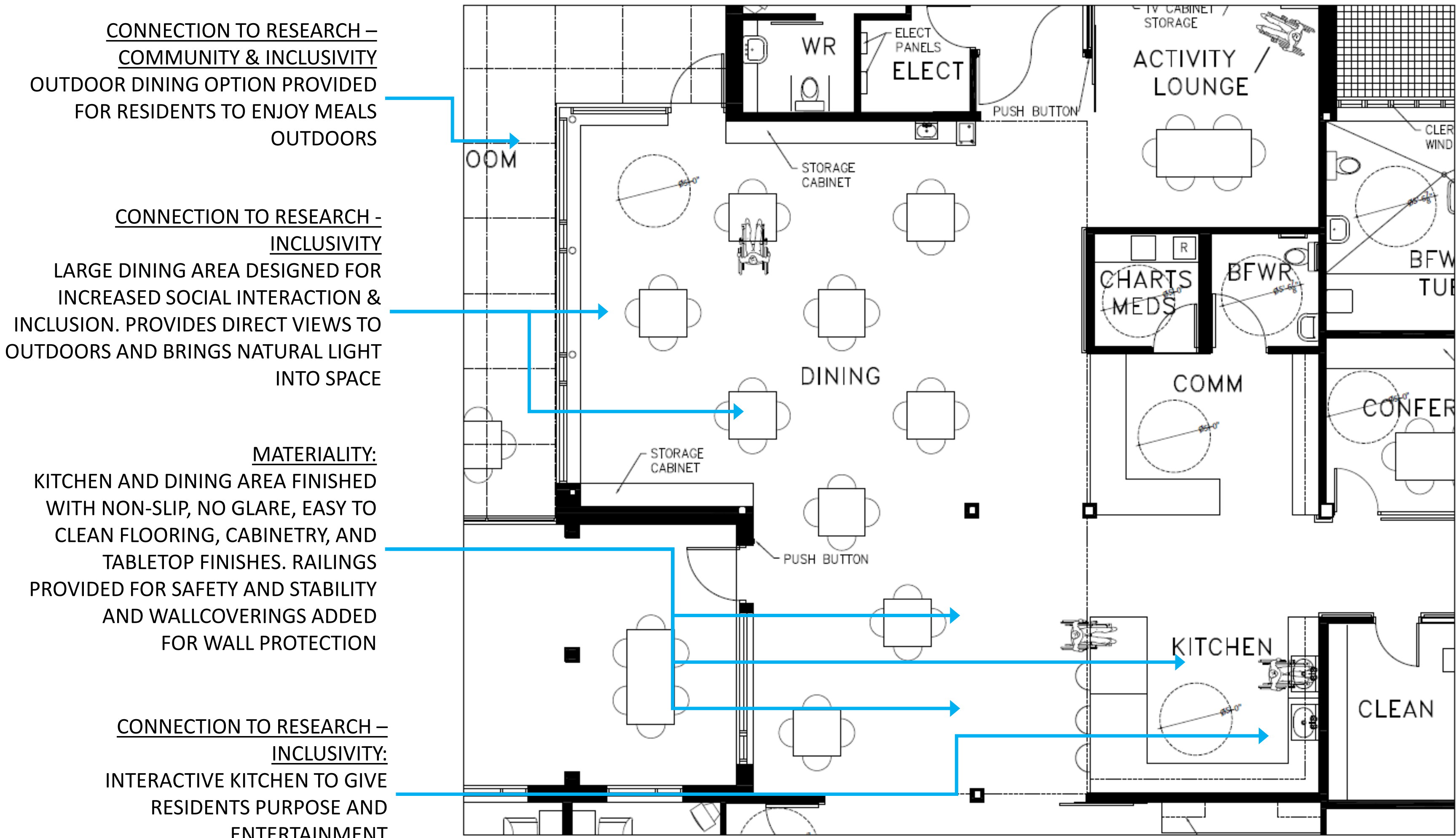


Micro – NTS



Macro – NTS

Micro - Annotated EBD



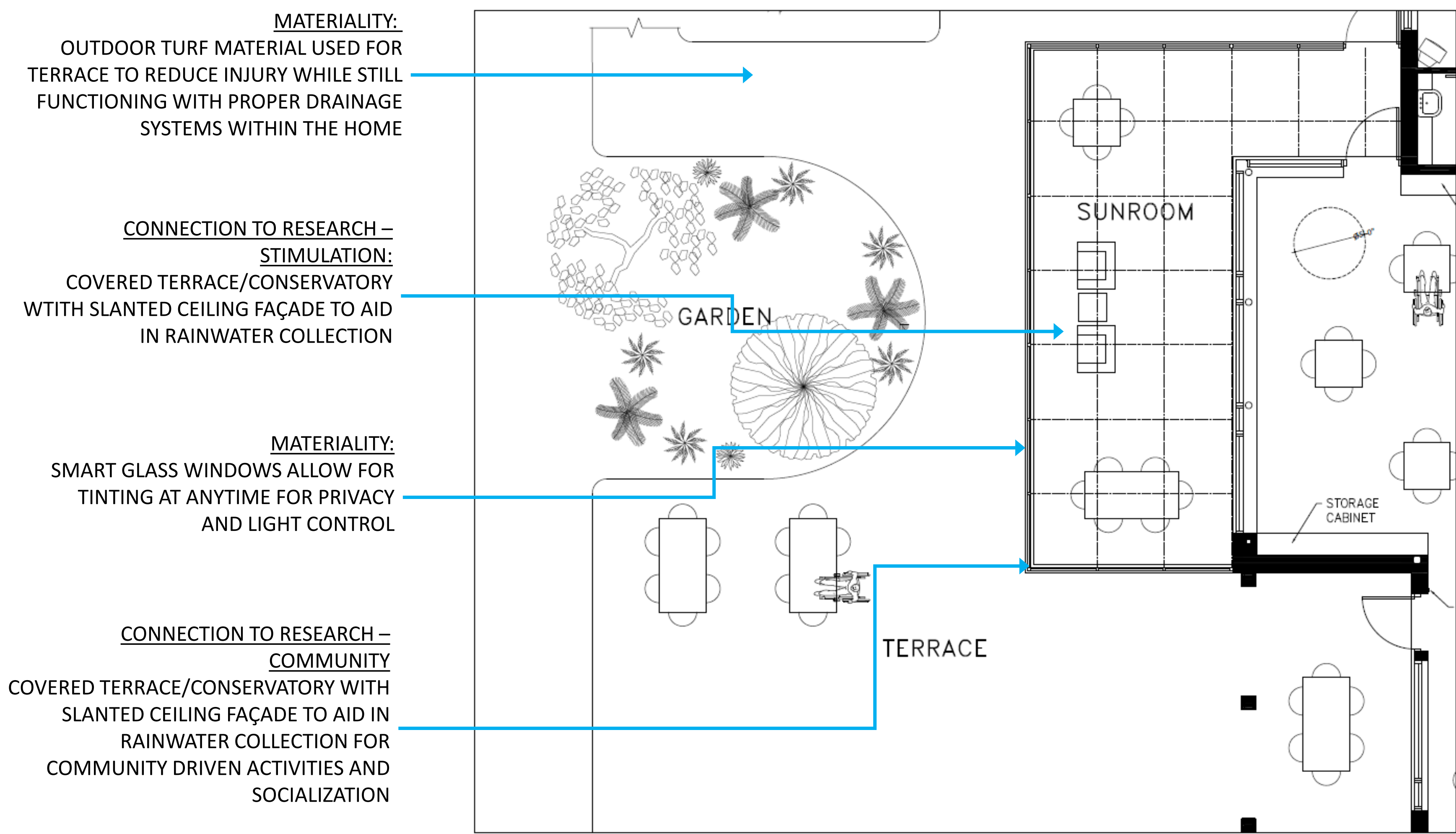
Dining Area with Kitchen - NTS

OBC
3.8.2.3.B
REDUCED DISTANCE BETWEEN BARRIER-FREE WASHROOMS FOR MAXIMUM ACCESSIBILITY

AODA/MOHLTC
BARRIER-FREE FEATURES INSTALLED IN KITCHEN, COMM AND MILLWORK FOR ACTIVITY SPACES AS OUTLINES IN THE AODA/IASR BUILDING CODE ACT



Micro - Annotated EBD



Conservatory, Terrace, and Sensory Garden - NTS



Figure 23.



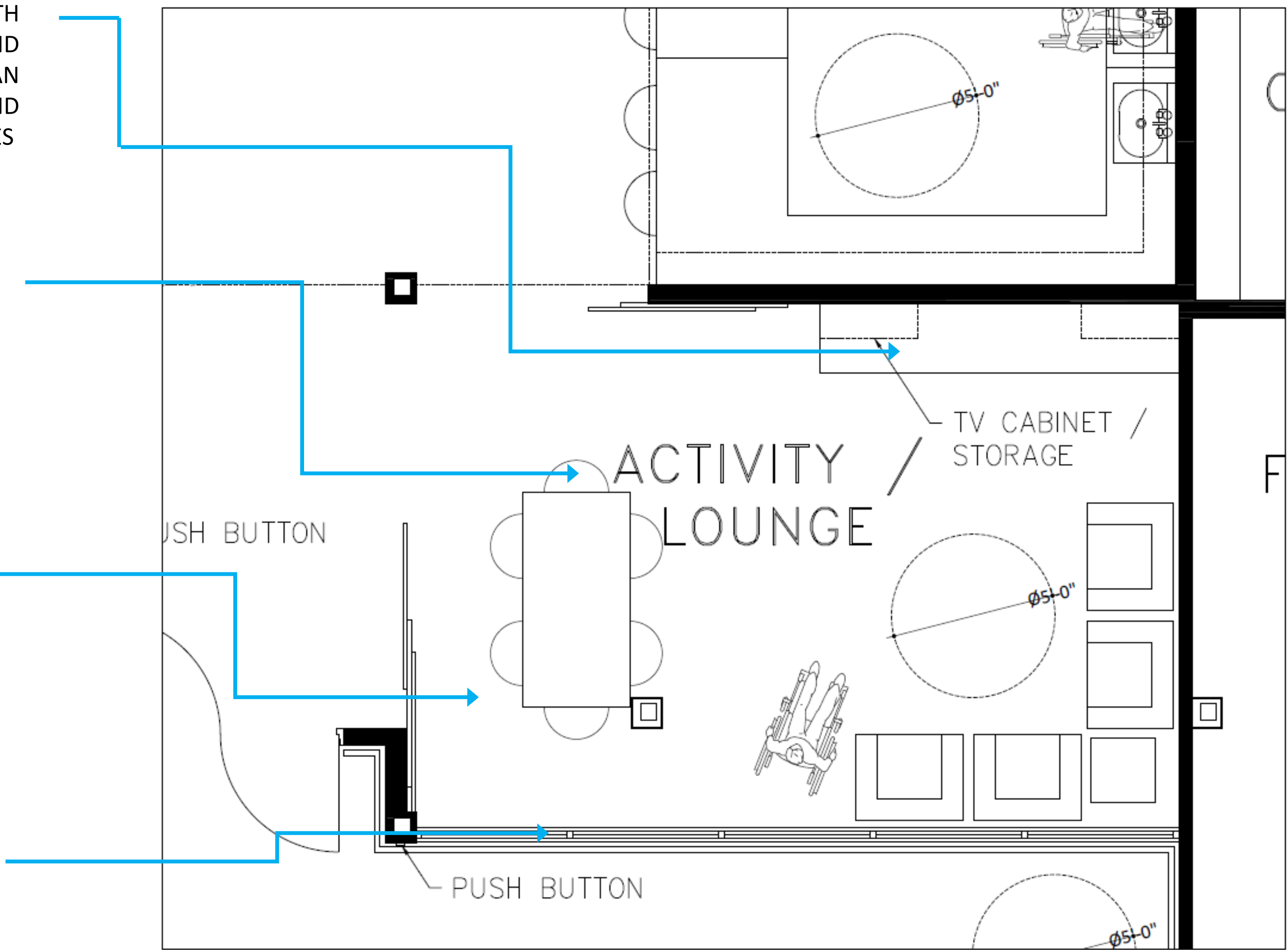
Figure 24.



Figure 25.

Micro - Annotated EBD

- CONNECTION TO RESEARCH –
STIMULATION & INCLUSIVITY:
ACTIVITY ROOM EQUIPPED WITH
ENTERTAINMENT UNIT AND
COMFORTABLE, EASY TO CLEAN
FURNISHINGS. INCLUDES TABLE AND
CHAIRS FOR HANDS-ON ACITIVIES
- MATERIALITY:
TABLES, CHAIRS AND CHOSEN
MATERIALITY ALL TO BE HEALTHCARE
GRADE FOR CLEANABILITY, PROTECTION
AGAINST BACTERIA. MATERIALS AND
FINISHES ALSO CHOSEN FOR
SUSTAINABLY FACTORS
- MATERIALITY:
FLOORING MATERIAL IS NON-SLIP, NO
GLARE, EASY TO CLEAN. RAILINGS
PROVIDED FOR SAFETY AND STABILITY
AND WALLCOVERINGS ADDED FOR
WALL PROTECTION
- CONNECTION TO RESEARCH –
SAFETY:
WINDOW WALL ADDED IN ACTIVITY
ROOM FOR INCREASED
SUPERVISION OF RESIDENTS



Activity/ Lounge - NTS

OBC
3.4.6.5.(14)
HANDRAILS INSTALLED IN ALL CORRIDORS



Figure 26.



Figure 27.



Figure 28.

Micro - Annotated EBD

CONNECTION TO PRECEDENTS:
PRIVATE ROOMS ATTACHED TO PRIVATE WASHROOM
WITH SLIDING DOOR FOR ULTIMATE PRIVACY.
WASHROOM TO FOLLOW AODA ACCESSIBILITY
GUIDELINES

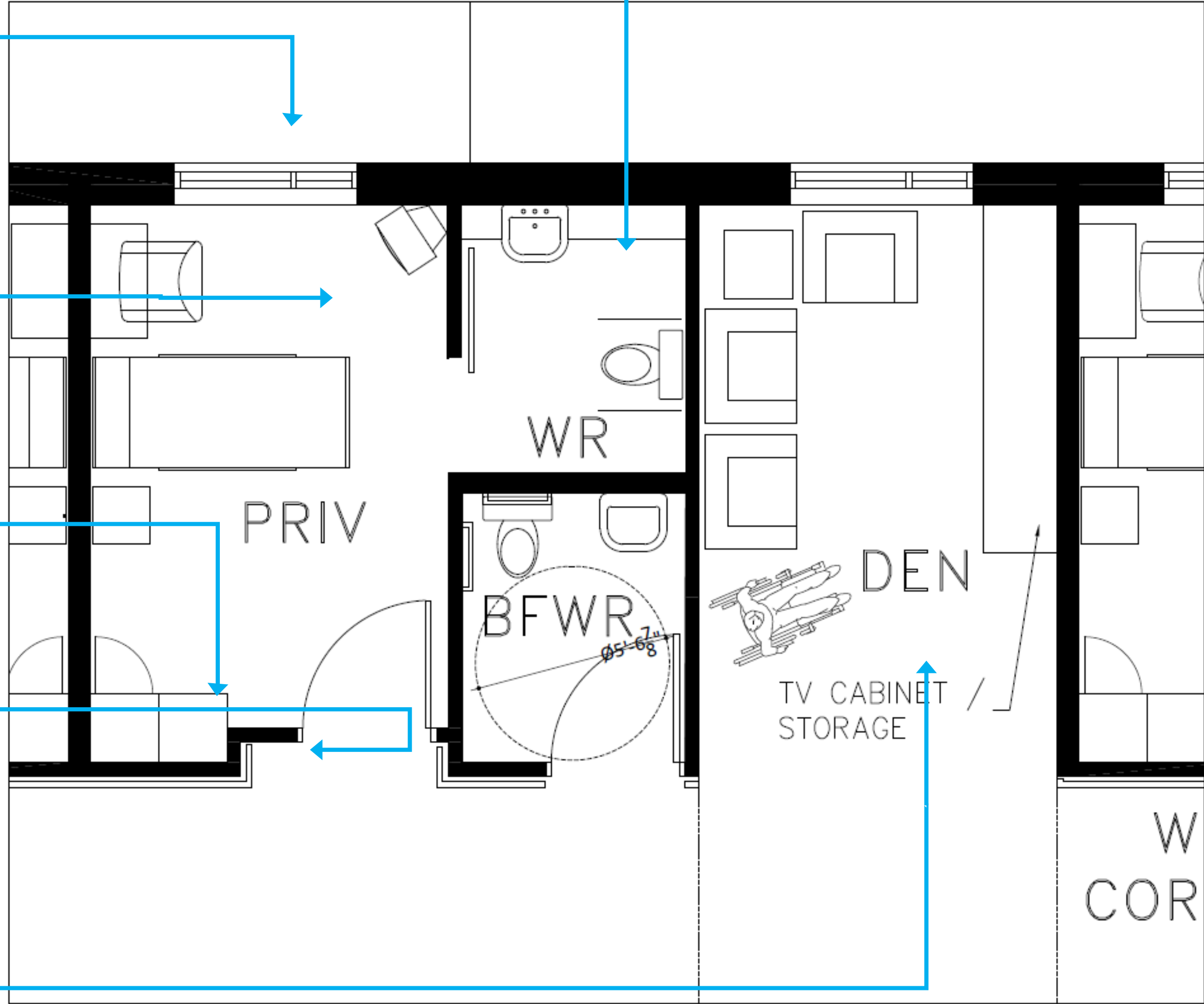
CONNECTION TO RESEARCH - STIMULATION:
WINDOW IN EACH ROOMS ALLOWS NATURAL LIGHT
INTO BEDROOM SPACE TO LIGHTEN THE MOOD OF
RESIDENTS AND BOOST MENTAL AND PHYSICAL
HEALTH

MATERIALITY:
FLOORING MATERIAL IS NON-SLIP, NO GLARE, EASY TO
CLEAN. RAILINGS PROVIDED FOR SAFETY AND
STABILITY AND WALLCOVERINGS ADDED FOR WALL
PROTECTION

CONNECTION TO PRECEDENTS:
PRIVATE RESIDENT ROOMS EQUIPPED WITH BUILT IN
STORAGE FOR ORGANIZATION OF BELONGINGS

CONNECTION TO PRECEDENTS:
MEMORY BOXES OUTSIDE OF RESIDENTS ROOM FOR
MEMORY STIMULATION AND WAYFINDING

CONNECTION TO RESEARCH – INCLUSIVITY &
STIMULATION
DEN AREA USED BY RESIDENTS FOR ENTERTAINMENT
AND SOCIALIZATION. OPEN CONFIGURATION WITH NO
DOORS FOR EASY SUPERVISION AND PATHS OF TRAVEL
IN AND OUT OF ROOM. DEN ACCESSES OBSERVATORY
FOR OTHER ENTERTAINMENT AND STIMULATING
ACTIVITIES THROUGHOUT THE DAY



Private Rooms and Den - NTS



Figure 29.



Figure 30.



Figure 31.

Light Map

These diagrams give a visual representation of lighting within the macro and micro interiors of the building.



Micro – NTS

LEGEND

-  *Natural Lighting*
-  *General Lighting*
-  *Accent Lighting*
-  *Task Lighting*

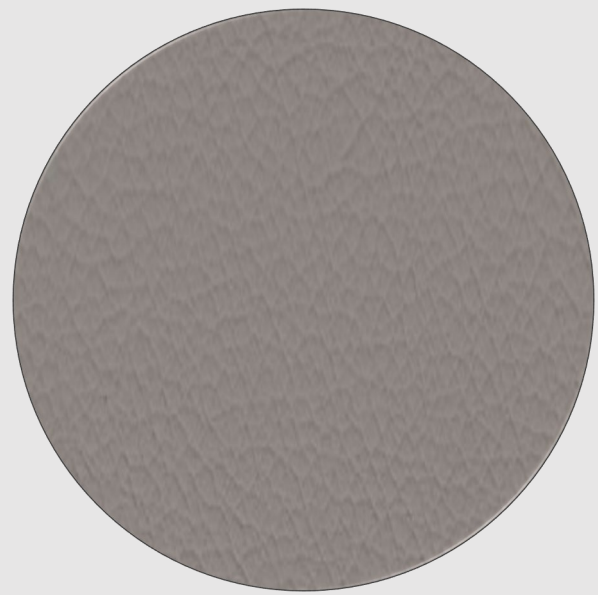


Macro – NTS

Furniture - Seating

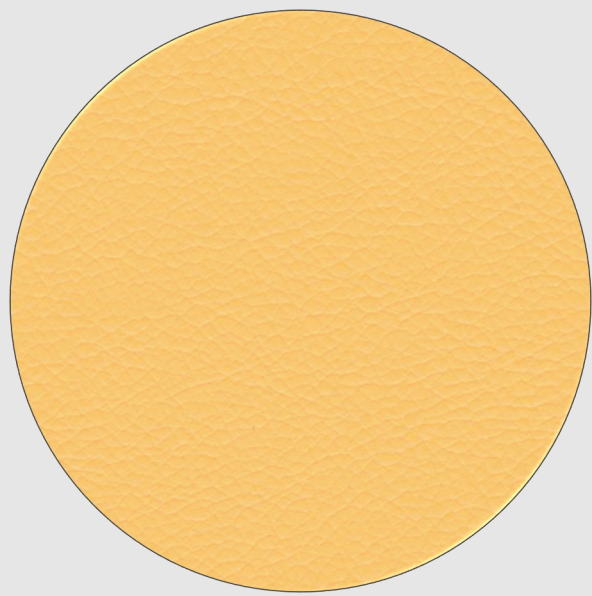


The Cove Patient Recliner chair supports the neck, back, arms and legs of its users, with built-in moisture barriers to increase longevity of the chair. This product does not emit pollutants into the air, such as VOC's and PVC's (Wieland, 2020).



Selection

The Architex Evolution material in the colour Niche and Selection 100,000 double rubs the Evolution collection is a stain resistant, antimicrobial, denim-dye transfer resistant, that contains no PVC's and is bleach cleanable (Architex, 2020).



Niche

The Architex Himalayan Upholstery in the colour Annapurna, is made up of an authentic silicone material that is fungal and stain resistant, which has 200,000 double rubs, and adds a subtle pop of colour within the activity room spaces (Architex, 2020).



Himalayan



The Spruce patient chair has a moisture barrier protection on the seat and back of the seat, that has been manufactured with no harmful pollutants, that also leaves no marking on floors and can be easily cleaned with bleach products (Kimball, 2020).



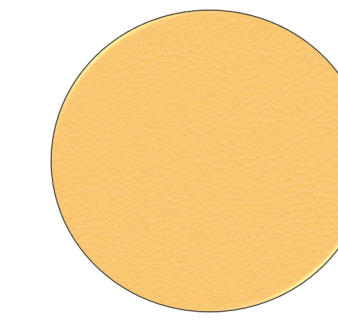
Figure 32.



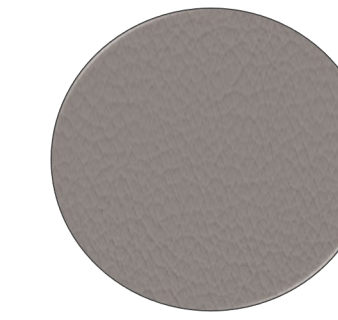
Figure 33.

Furniture – Bariatric

The Spruce Bariatric chair has a moisture barrier protection on the seat and back of the seat that has been manufactured with no harmful pollutants, that also leaves no marking on floors and can be easily cleaned with bleach products (Kimball, 2020).



Niche



Selection



Figure 34.

Figure 35

Furniture - Table



The Herman Miller Eames Table



The Herman Miller Eames Table provides easy navigation with a center legs to allow residents to pull up to the table with ease (Herman Miller, 2020). The Clear on Ash laminate tile is an extremely durable option for tabletop and cabinet surfaces with a woodgrain finish to give the material depth and texture. This material is also bleach cleanable, scrubbable, and smooth to the touch.

Figure 36.

Figure 37.

MATERIALS AND FINISHES

MANUFACTURER	PRODUCT NAME	LOCATION IN PLAN	COLOUR/FINISH	DESCRIPTION	IMAGE
Armstrong	Ultima Health Zone Acoustical Ceiling Tile	24"x24" Panels in resident and activity rooms. 24"x48" Panels in dining area	White	Smooth-textured acoustical panels are water repellent, provide excellent sound absorption, bleach cleanable, bacteria-resistant, mold and mildew resistant, and scrubable. The tiles are made of 68% recycled content (Armstrong, 2020).	
Forbo	Marmoleum Striato Original Flooring	All flooring	Withered Prairie	Contains no phthalates, no plasticizers and no mineral oil. Finished with Topshield2 which is a high-performance UV-finish. Topshield2 prevents staining, scuffing and scratching for lasting appearance retention and provides for easy cleaning and maintenance at lower intervals. Made up of 97% natural raw materials, 72% rapidly renewable materials, and 43% recycled content (Forbo, 2020).	
Knoll	Franklin Backed Wallcovering	Corridors between resident rooms, bathing corridor	Inlet	Made of natural glass cloth with horizontal weaving appearance, that is 100% phthalate-free vinyl coated polyester, that is bleach cleanable, highly durable, and scrubable (Knoll, 2020).	
Architex	Himalayan Upholstery	Activity room seating finish	Annapurna	This authentic silicone, fungal and stain resistant material has 200,000 double rubs, and adds a subtle pop of colour within the activity room spaces (Architex, 2020).	
Architex	Evolution	Dining room chairs	Niche	With 100,000 double rubs the Evolution collection is a stain resistant, antimicrobial, denim-dye transfer resistant, that contains no PVC's and is bleach cleanable (Architex, 2020).	
Architex	Evolution	Dining room chairs	Selection	With 100,000 double rubs the Evolution collection is a stain resistant, antimicrobial, denim-dye transfer resistant, that contains no PVC's and is bleach cleanable (Architex, 2020).	
Benjamin Moore	Benjamin Moore Natura Interior Paint- Flat	Activity room walls, dining room walls, resident room walls	Shoreline – Flat Finish	The Benjamin Moore Natura Interior Paint has zero VOC's, other emissions, is certified allergy and asthma friendly, and provides a durable, washable film (Benjamin Moore, 2020).	
Corian	DuPont Corian	Kitchen countertop	Everest	The Everest quartz is an extremely durable option for countertop spaces that is nonporous, easy to clean, seamless, and manufactured with very little VOC's (Corian, 2020).	
Herman Miller	Woodgrain Laminate	Kitchen cabinetry	Clear on Ash	This laminate tile is an extremely durable option for tabletop and cabinet surfaces with a woodgrain finish to give the material depth and texture. This material is also bleach cleanable, scrubable, and smooth to the touch.	
Lumicor	Impressions Natura Collection	Kitchen backsplash	Grove	This resin wall application adds a touch of biophilic design into the interior space, while still being cleanable and appropriate as a backsplash material for the kitchen zone.	

Lighting

Fresco Touchscreen Controller

- Smart controls for tunable and RGB lighting



EVO TUWH 4" Downlight by Gotham Lighting

- LED tunable white smart lamp
- 4300K to 1800K



MP Lighting L195 Pendant Luminaire

- LED tunable white smart lamp
- 4300K to 1800K



Tunable white LED lighting is a smart lighting system that controls lighting temperature to mimic the temperature of natural daylight as it changes throughout the day. Tunable white lights allow residents and staff to adhere to the circadian rhythms that synchronize to natural daylight, helping improve sleep and health conditions affected by sleep loss (LED Dynamics, 2020).

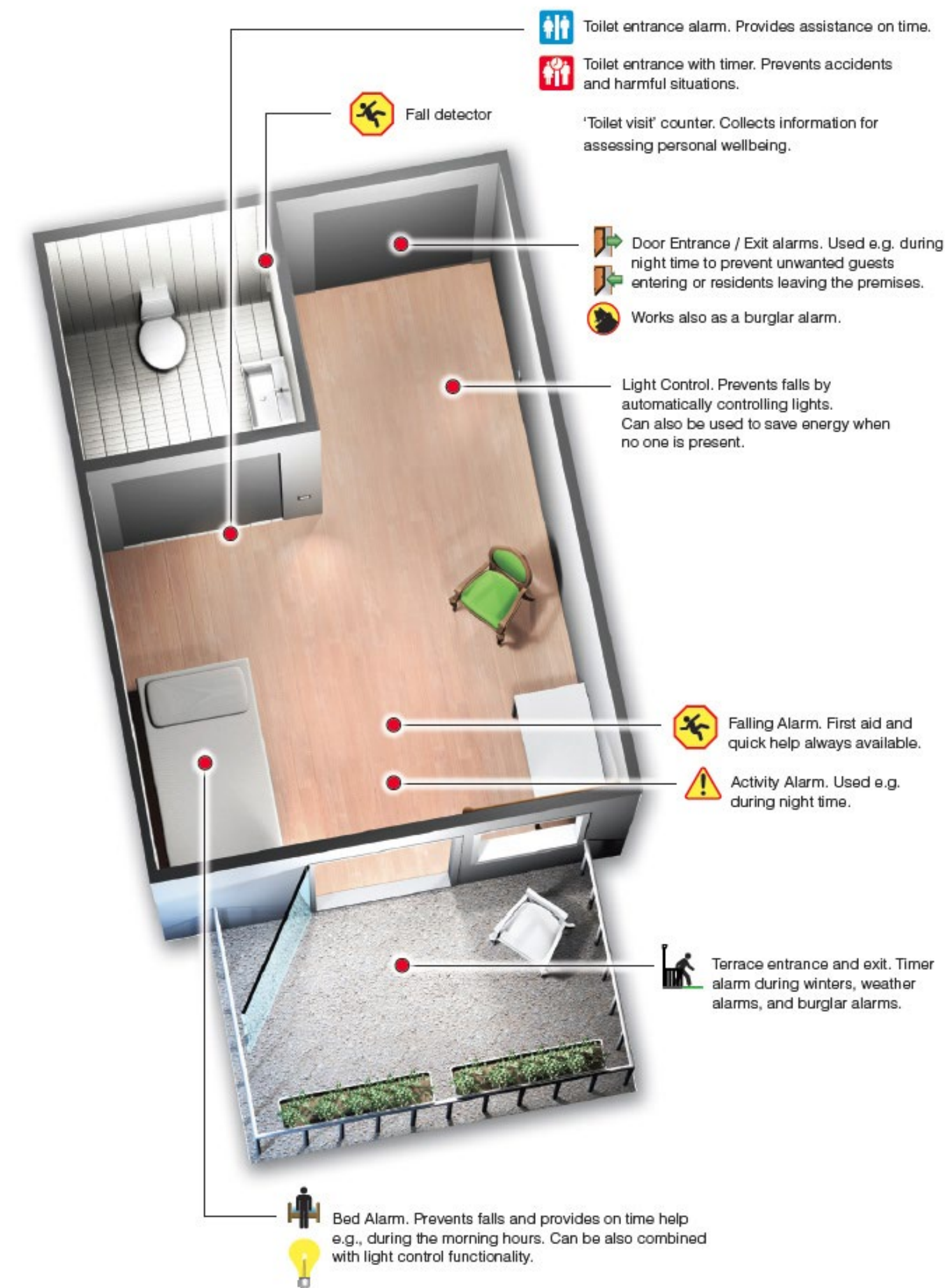
Technology

Elsi Smart Floor by MariCare

Elsi Smart Floor is a smart flooring systems designed for care home applications that can digitally detect possible resident falls, monitor activity in and out of beds and washrooms, as well as monitor entrances and exits into the building or ward.

Elsi Smart Floor can be integrated into smart lighting and thermostat features in order to turn on or off the lights and adjust thermal comfort based on occupancy of spaces.

Elsi Smart Floor can be monitored from a central location and replaces the need for invasive video monitoring (MariCare, 2020).



Fibre Optic Solar Lighting System by Parans



The Parans fibre optic solar lighting system collects natural daylight from the sun via sunlight collector units installed on the roof of the building.

By harvesting the sunlight through the collector, the system can then feed the light through fibre optic cables and delivered to solar luminaires. This system allows natural light to penetrate inner building areas that may not receive natural lighting from fenestration.



Alledio Smart Commercial Thermostat



- Careful digital management of thermal comfort through ventilation, temperature and humidity
- Adjusts thermal comfort based on occupant behaviours
- Optimizes energy consumption for sustainability and cost management
- Centralized controls easy for staff use
- Uses thermodynamics to determine optimal comfort zone

(Alledio, 2020)

FloWise Flushometer Water Closet by American Standard

- ADA Compliant
- Ideal height for accessibility
- Efficient water consumption
- Automatic flush

(American Standard, 2020)



Airblade Wash+Dry by Dyson



- 14-second dry time
- HEPA filter to eliminate 99,9% of viruses and bacteria particles
- 76% less energy consumption than standard hand dryers

(Dyson Canada, 2020)

Best Practices: Enriching the Lives of People Living with Dementia

Safety

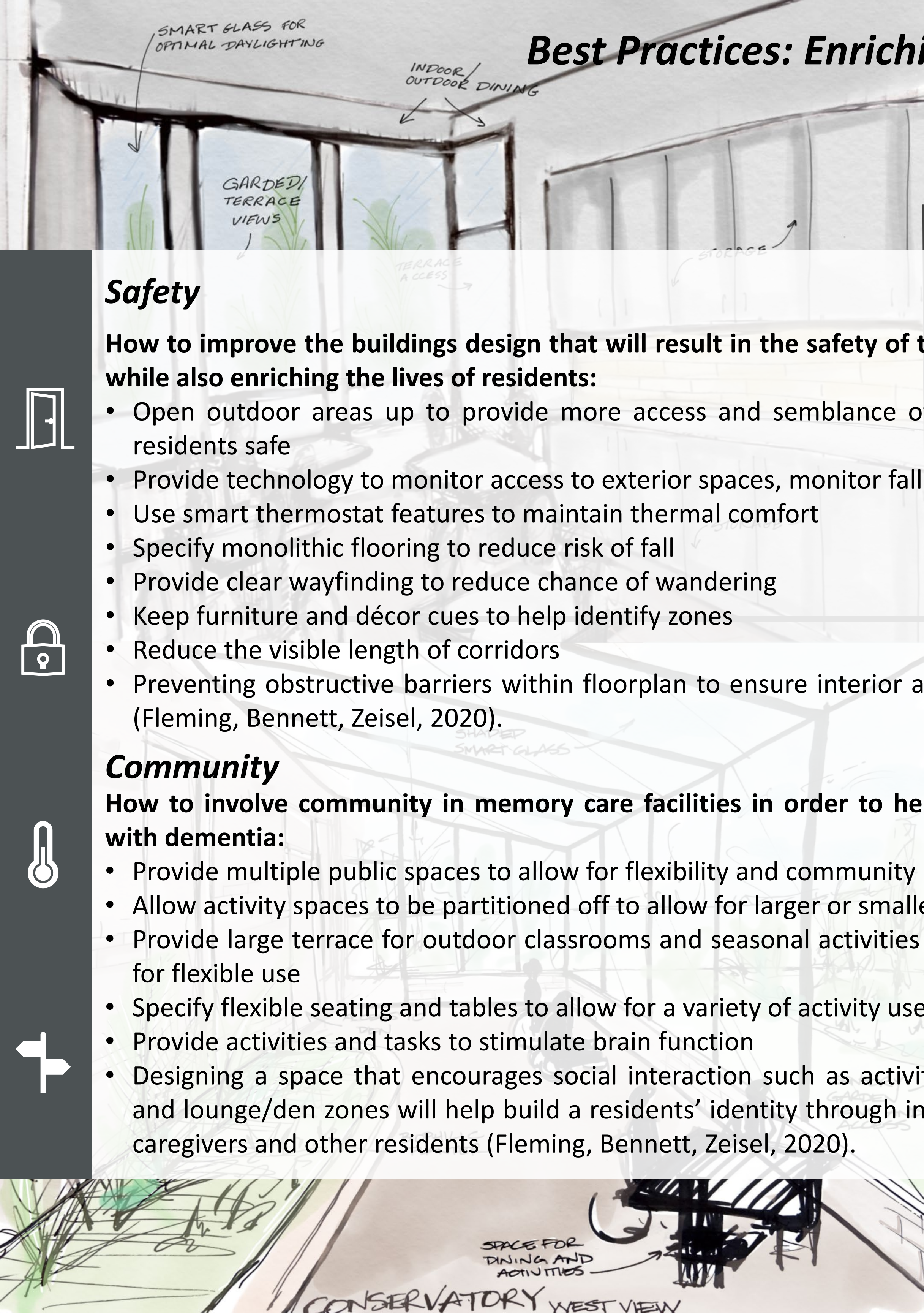
How to improve the buildings design that will result in the safety of the residents, staff, and visitors while also enriching the lives of residents:

- Open outdoor areas up to provide more access and semblance of more freedom while keeping residents safe
- Provide technology to monitor access to exterior spaces, monitor falls and spills
- Use smart thermostat features to maintain thermal comfort
- Specify monolithic flooring to reduce risk of fall
- Provide clear wayfinding to reduce chance of wandering
- Keep furniture and décor cues to help identify zones
- Reduce the visible length of corridors
- Preventing obstructive barriers within floorplan to ensure interior and exterior of building are safe (Fleming, Bennett, Zeisel, 2020).

Community

How to involve community in memory care facilities in order to help enrich the lives of people with dementia:

- Provide multiple public spaces to allow for flexibility and community involvement
- Allow activity spaces to be partitioned off to allow for larger or smaller spaces
- Provide large terrace for outdoor classrooms and seasonal activities and additional outdoor areas for flexible use
- Specify flexible seating and tables to allow for a variety of activity uses
- Provide activities and tasks to stimulate brain function
- Designing a space that encourages social interaction such as activity spaces, open dining areas, and lounge/den zones will help build a residents' identity through interaction with friends, family, caregivers and other residents (Fleming, Bennett, Zeisel, 2020).



Best Practices: Enriching the Lives of People Living with Dementia

Inclusivity

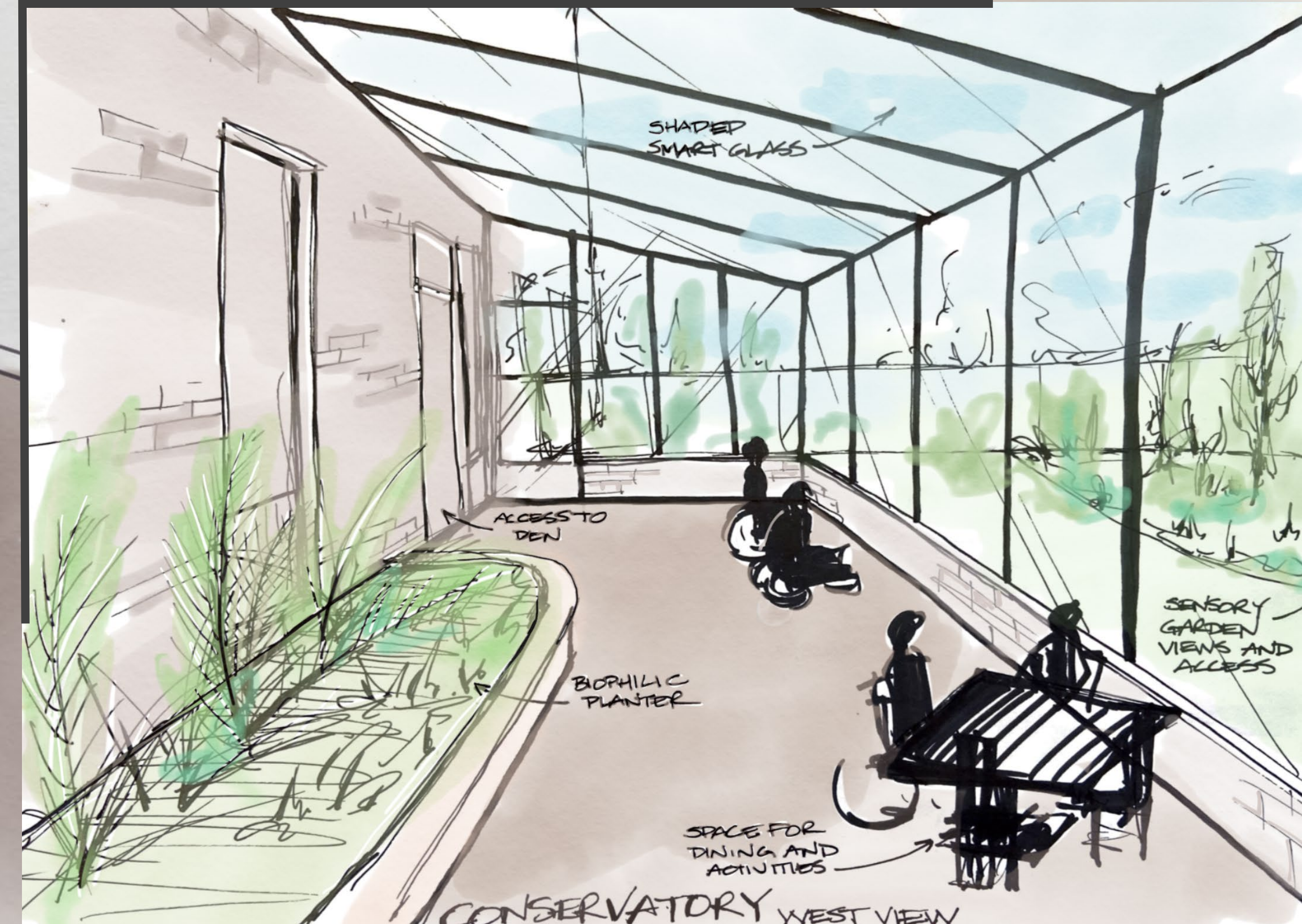
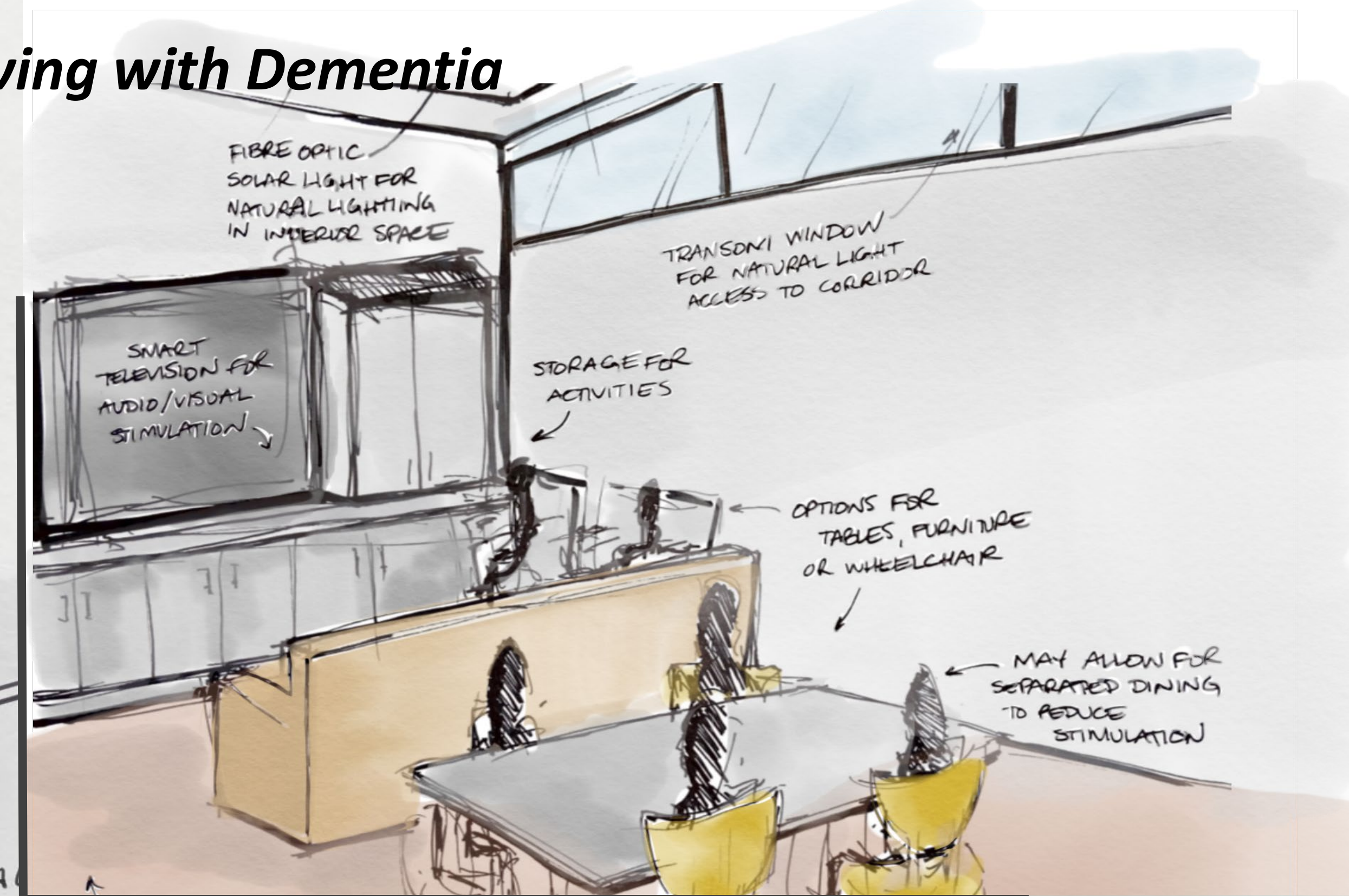
How to reduce the institutional restrictions and promote inclusivity while enriching the lives of people with dementia:

- Allow for multiple public spaces for flexibility, variety of use, community needs and staff and visitor inclusion
- Include a community kitchen with limited features to provide “heart of the home” attraction to include all residents
- Provide indoor/outdoor living to expand public space access
- Add sunroom to increase connection to nature
- Provide an outdoor terrace to allow for outdoor classrooms
- Keep décor neutral to attract people of all demographics
- Ensure residents good visual access to see and be seen to better their understanding of where they are (Fleming, Bennett, Zeisel, 2020).

Stimulation

How to address sensory stimulation to help enrich the lives of people with dementia without the risk of overstimulation:

- Reduce public access to private space corridors
- Keep colours warm and bold but only mildly contrasted
- Limit the number of visible sightlines; break up corridors
- Include biophilic elements indoors and sensory garden outdoors to provide sensory stimulation
- Include private spaces with familiar furnishings and décor
- Provide access to outdoor spaces and maximize access to natural light
- Reduce unhelpful stimulation and optimize helpful stimulation to reduce auditory and visual overload (Fleming, Bennett, Zeisel, 2020).



Guidelines to Designing Dignified Environments

Allow Access to
Outdoor Spaces
and Include
Indoor/Outdoor
Living



Accommodate
**Community
Access and
Inclusion**



Address
Stimulation
With Careful
Management of
Sightlines



Arrange a
Variety of Public
Spaces for
Flexible Use



Specify
Furniture &
Materials That
Foster **Health
and Wellness**



Incorporate to
Optimize
**Technology
Safety and
Freedom**



Fleming Bennett Design Principles:

- Allow people to see and be seen
- Optimize helpful stimulation
- Support movement and engagement
- Create a familiar place
- Link to the community
- Design in response to vision for way of life

Fleming Bennett Design Principles:

- Provide a human scale
- Allow people to see and be seen
- Optimize helpful stimulation
- Support movement and engagement
- Link to the community
- Design in response to vision for way of life

Fleming Bennett Design Principles:

- Unobtrusively reduce risks
- Provide a human scale
- Allow people to see and be seen
- Optimize helpful stimulation
- Create a familiar place
- Provide opportunities to be alone with others
- Design in response to vision for way of life

Fleming Bennett Design Principles:

- Unobtrusively reduce risks
- Provide a human scale
- Allow people to see and be seen
- Create a familiar place
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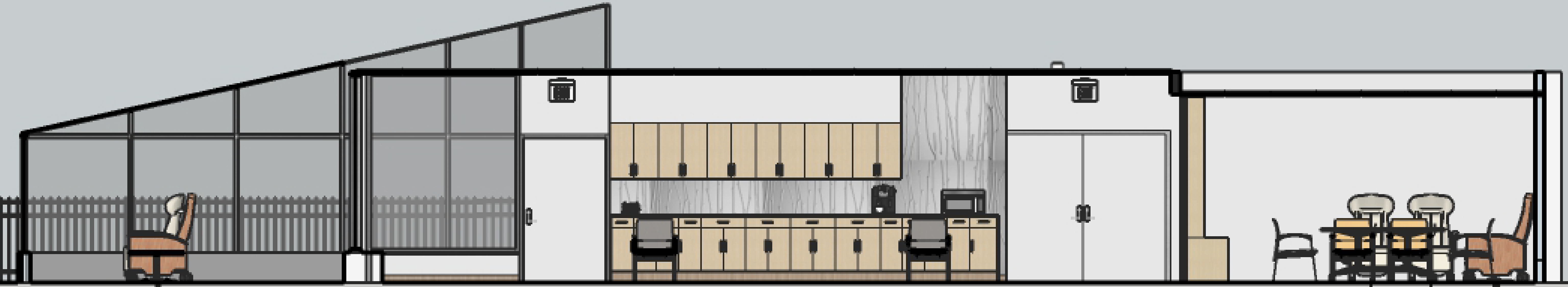
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Fleming Bennett Design Principles:

- Unobtrusively reduce risks
- Allow people to see and be seen
- Optimize helpful stimulation
- Support movement and engagement
- Provide opportunities to be alone with others
- Design in response to vision for way of life

Elevations



ELEVATION 1 PAGE 10 – NTS



ELEVATION 2 PAGE 10 – NTS

Publics Spaces – Perspectives



Resimercial Kitchen (Top Left)

Activity Room (Bottom Left)



Dining Area/ Nursing Station (Top Right)

Dining Area Window view (Bottom Right)



List of Figures

Figure 1. – Title Page. McCormick Home Exterior

Figure 2. Activity Room
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 3. Community Living Space
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 4. The Grande Living Space
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 5. Community Dining Experience
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 6. The Kilmarnock Dementia Resource Centre – Kitchen & Dining Area (<http://www.mackinnon-building-surveyors.co.uk/case-study/dementia-resource-centre#>)

Figure 7. The Kilmarnock Dementia Resource Centre – Semi-Private Social Room (<http://www.mackinnon-building-surveyors.co.uk/case-study/dementia-resource-centre#>)

Figure 8. Sensory Garden (<https://www.marchescare.co.uk/garden-update/>)

Figure 9. Terrace (<https://www.gutta.com/product/premium-terrace-roofing>)

Figure 10. Sunroom
(<https://www.loveproperty.com/gallerylist/80522/conservatory-decorating-ideas-to-make-it-cosy-all-year>)

Figure 11. Private Rooms (<http://www.thebannettgroup.com/new-age-hospital-rooms/hospital-room/>)

Figure 12. Community Kitchen and Dining Space
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 13. Activity Room
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 14. Community Living Space
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 15. The Kilmarnock Dementia Resource Centre, Scotland. Kitchen & Dining Area with Views of Ceiling Skylights (<http://www.mackinnon-building-surveyors.co.uk/case-study/dementia-resource-centre#>)

Figure 16. Community Kitchen and Dining Space
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 17. The Kilmarnock Dementia Resource Centre – Kitchen & Dining Area (<http://www.mackinnon-building-surveyors.co.uk/case-study/dementia-resource-centre#>)

Figure 18. Conservatory (<https://www.coralwindows.co.uk/what-conservatory-is-best/>)

Figure 19. Modern Conservatory
(<https://www.strattonglasswindows.co.uk/bespoke-conservatories>)

Figure 20. The Kilmarnock Dementia Resource Centre – Kitchen & Dining Area (<http://www.mackinnon-building-surveyors.co.uk/case-study/dementia-resource-centre#>)

Figure 21. Activity Room (<https://www.kwalu.com/senior-living-furniture/memory-care-furniture/>)

Figure 22. Community Kitchen and Dining Space
(<https://memorycare.sterlingstateswestcobb.com/>)

Figure 23. Arts and Crafts (<https://www.arborcompany.com/blog/memory-care-activities-dementia>)

Figure 24. Sunroom
(<https://www.loveproperty.com/gallerylist/80522/conservatory-decorating-ideas-to-make-it-cosy-all-year>)

Figure 25. Terrace (<https://www.gutta.com/product/premium-terrace-roofing>)

Figure 26. Activity Room (<https://memorycare.sterlingstateswestcobb.com/>)

Figure 27. Den (<https://indoffcarolinas.com/portfolio/senior-living/>)

Figure 28. Activity/Den (<https://indoffcarolinas.com/portfolio/senior-living/>)

Figure 29. Private Room (<http://www.thebannettgroup.com/new-age-hospital-rooms/hospital-room/>)

Figure 30. Accessible Washroom (<https://thecareruk.com/dudley-industries-introduces-new-washroom-dispenser-range-designed-specifically-for-users-living-with-dementia/>)

Figure 31. Den (<https://communitylivingsolutions.com/interior-design-for-dementia-care-homes/>)

Figure 32. The Spruce Patient Chair
(https://www.kimball.com/getattachment/361c0bbe-6b62-4dc2-9422-7a50376113a9/BRKHSYCM_ver_20a_SM.pdf)

Figure 33. The Spruce Patient Chair
(https://www.kimball.com/getattachment/361c0bbe-6b62-4dc2-9422-7a50376113a9/BRKHSYCM_ver_20a_SM.pdf)

Figure 34. The Bariatric Chair
(https://www.kimball.com/getattachment/361c0bbe-6b62-4dc2-9422-7a50376113a9/BRKHSYCM_ver_20a_SM.pdf)

Figure 35. The Bariatric Chair
(https://www.kimball.com/getattachment/361c0bbe-6b62-4dc2-9422-7a50376113a9/BRKHSYCM_ver_20a_SM.pdf)

Figure 36. The Eames Table
(<https://www.hermanmiller.com/products/tables/conference-tables/eames-tables/product-details/>)

Figure 37. The Eames Table
(<https://www.hermanmiller.com/products/tables/conference-tables/eames-tables/product-details/>)

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DESIGN, DIGNITY, DEMENTIA: *Dementia-related Design and the Built Environment*



FANSHAWE

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McCormick
Home

DESIGN CONCEPT

As designers, it is important to understand how and why we can create the most desirable and necessary spaces for the people that interact within them the most. Designing a memory care center for residents with dementia should prioritize safety, cognitive-stimulating activities that seamlessly ties together a residence, home-like design that ensures residents feel comforted, supported and acknowledged during their stay. The key is to design a space that takes all factors and users into consideration. The goal is to design a safe, human centric, space that encompasses a lifestyle change that is subtle for residents. This can be done by implementing design principals that focus on wayfinding, memory rehabilitation or memory therapy, minimal stimulation or overwhelming spaces, interactive features, community spaces to engage with others, and spaces to create a sense of purpose for them. Based on research and precedent studies, it isn't only achievable to design a space that incorporates all these aspects but is fully necessary to do so to achieve a successful memory care facility design.

QUESTIONS

How can a long-term care residence be designed to help enrich the lives of people living with dementia?

SAFETY

What could be done to improve the buildings design that will result in the safety of the residents, staff, and visitors while also enriching the lives of residents?

INCLUSIVITY

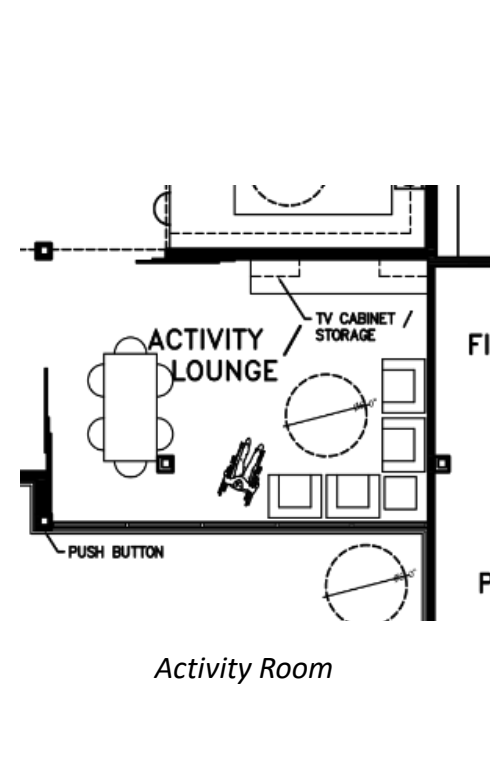
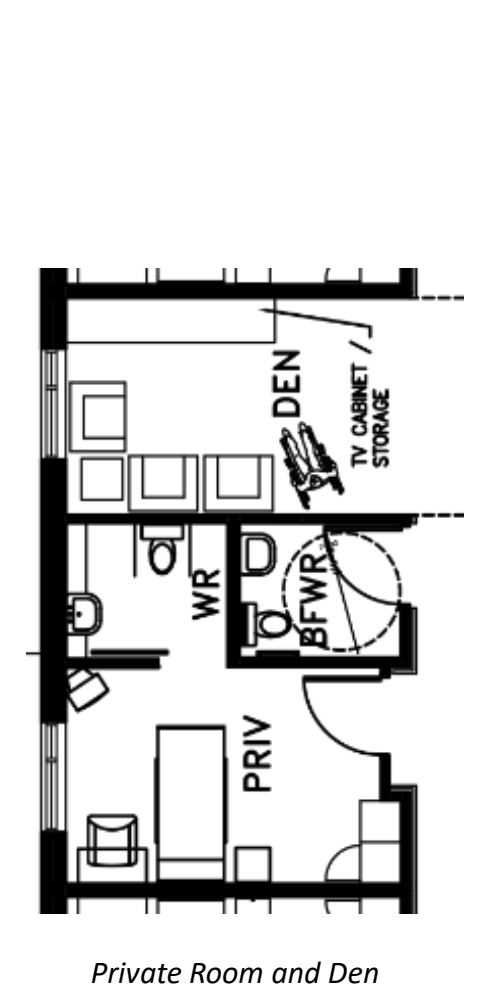
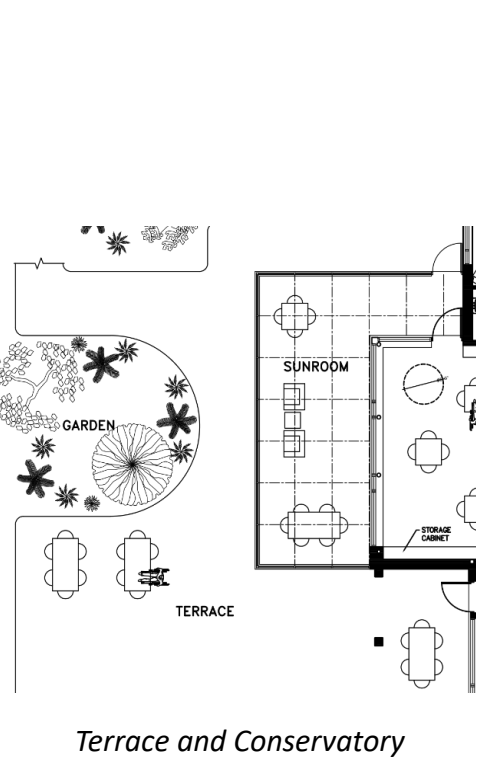
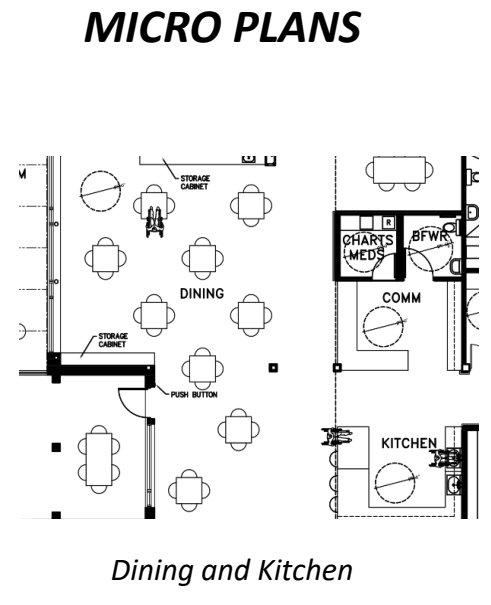
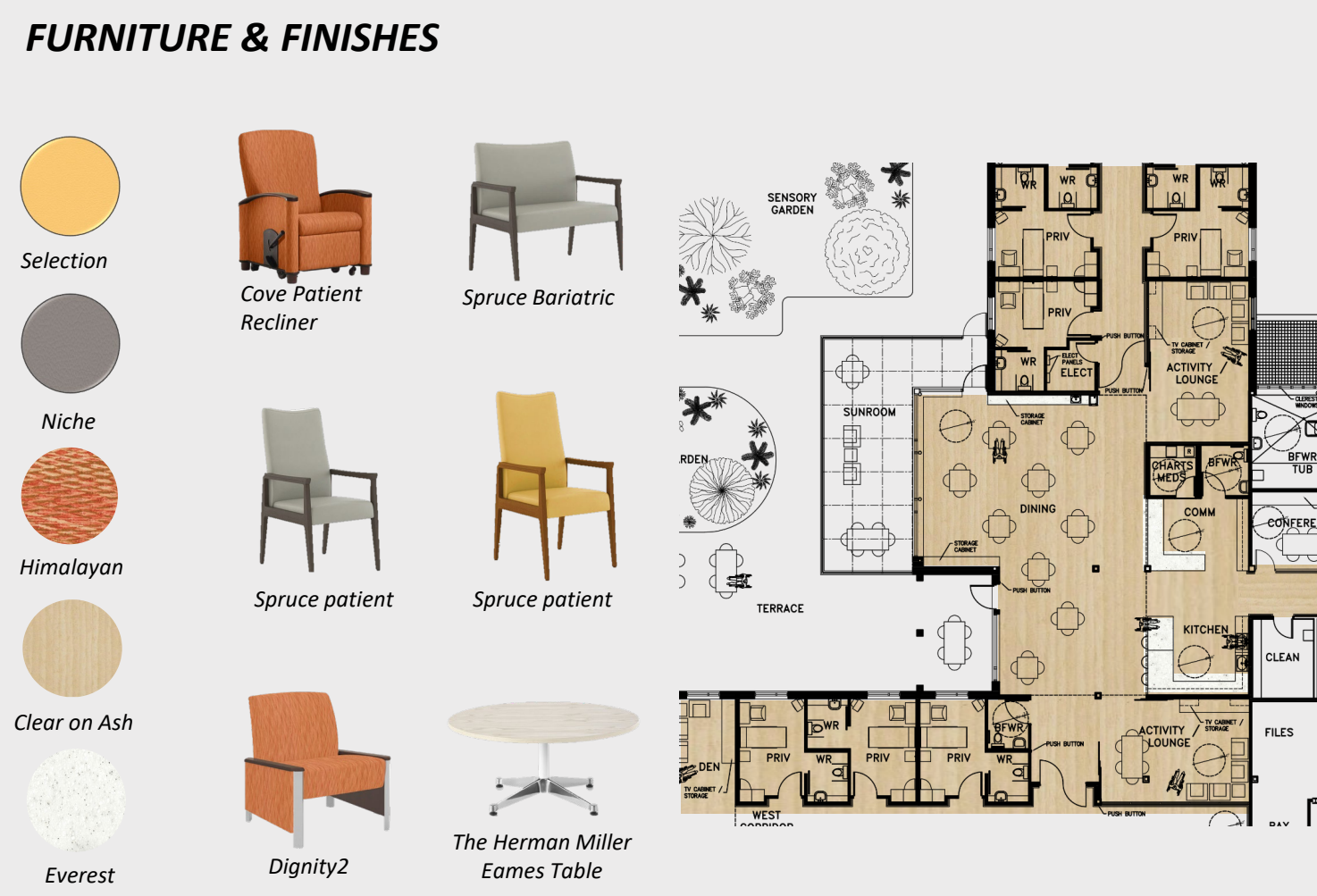
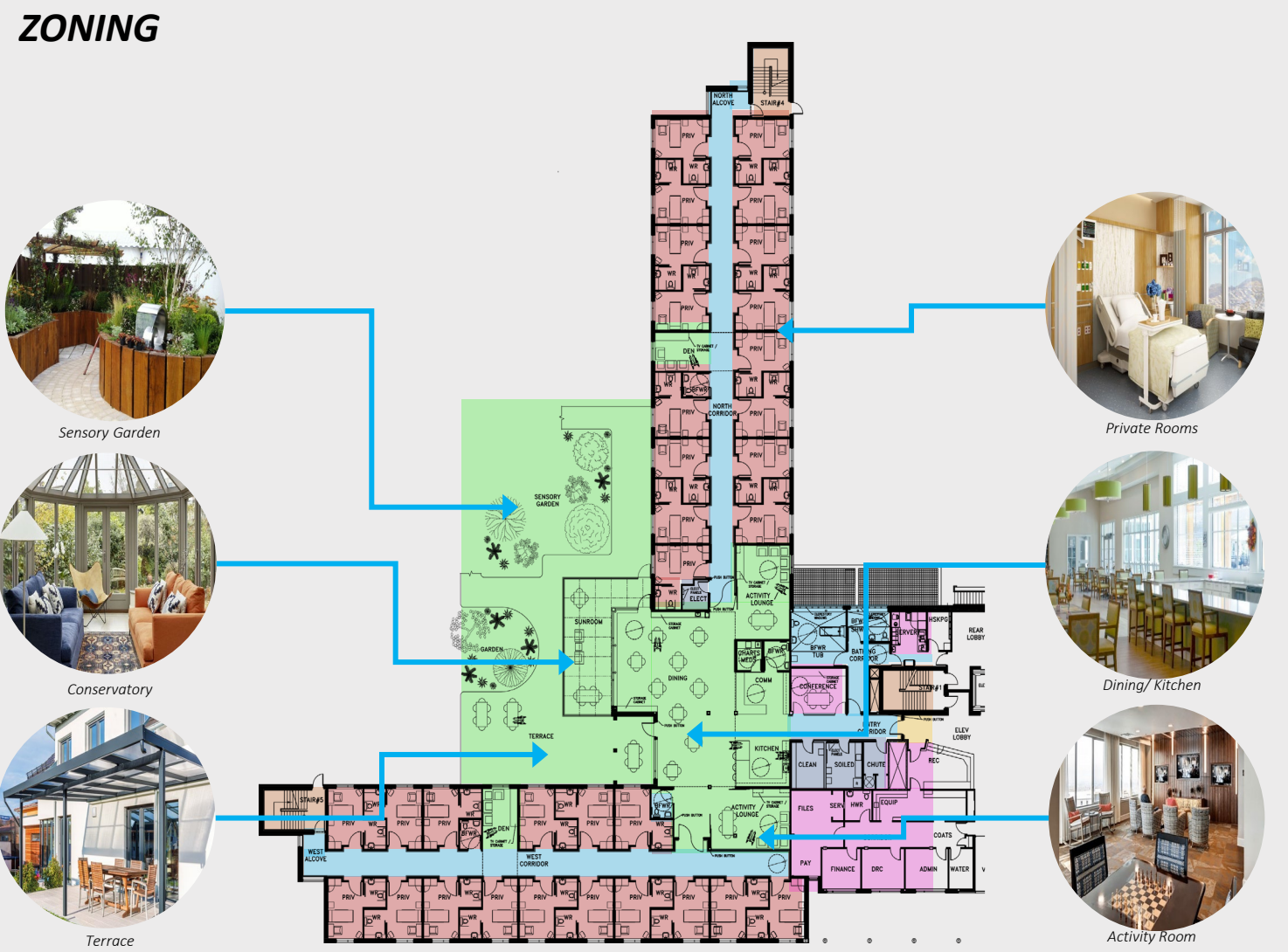
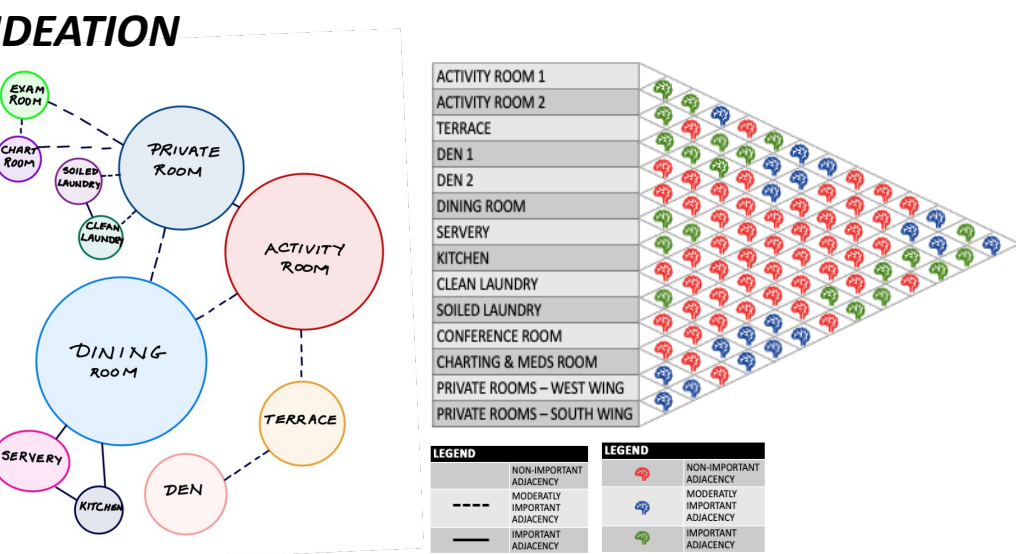
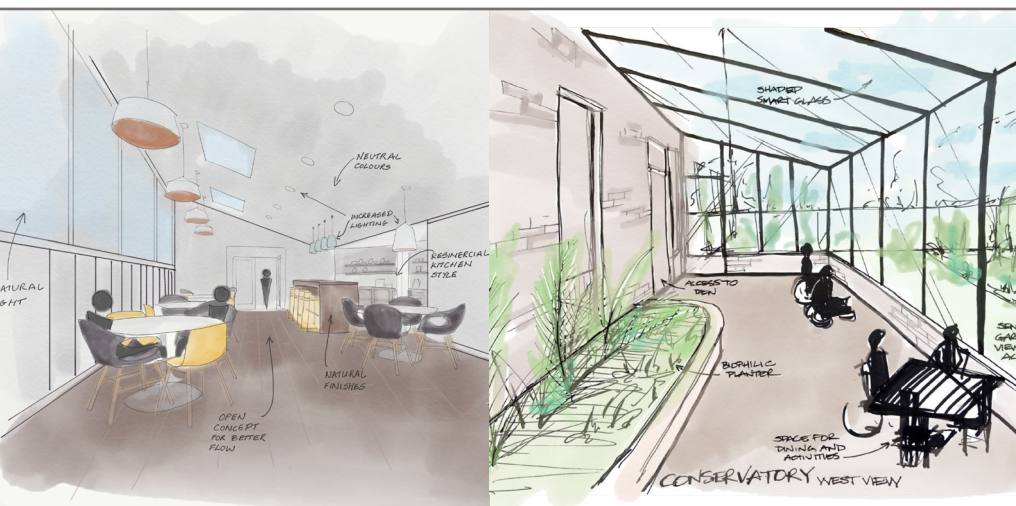
How can we reduce the institutional restrictions and promote inclusivity while enriching the lives of people with dementia?

COMMUNITY

How do we involve community in memory care facilities in order to help enrich the lives of people with dementia?

STIMULATION

How can sensory stimulation be carefully addressed to help enrich the lives of people with dementia without the risk of overstimulation?



TECHNOLOGY



Smart Lighting



Smart Thermostat



Down Light



Fibre Optic Solar Lighting



Pendant Lighting



Smart Sink




Smart Hand Dryer



Smart Hand Washer


GUIDELINES TO DESIGNING DIGNIFIED ENVIRONMENTS




Allow Access to Outdoor Spaces and Include Indoor/Outdoor Living



Accommodate Community Access and Inclusion



Address Stimulation With Careful Management of Sightlines



Arrange a Variety of Public Spaces for Flexible Use



Specify Furniture & Materials That Foster Health and Wellness



Incorporate to Optimize Technology Safety and Freedom

